1  
00:00:02,060 --> 00:00:02,380  
好了  
  
2  
00:00:02,740 --> 00:00:05,460  
各位同学，接着聊金匮要略  
  
3  
00:00:06,220 --> 00:00:09,260  
咱们上次课呢，把富人人参篇开了个头  
  
4  
00:00:09,460 --> 00:00:10,380  
讲了两个汤证  
  
5  
00:00:11,140 --> 00:00:15,020  
今天咱们继续首先看一下原文的第五条  
  
6  
00:00:16,190 --> 00:00:20,430  
妇人，怀仁府中这个字怎么念  
  
7  
00:00:27,860 --> 00:00:30,100  
它其实是一个异体字啊  
  
8  
00:00:30,940 --> 00:00:32,980  
原字呢是这么写的  
  
9  
00:00:34,070 --> 00:00:37,940  
病字旁里面是纠正的  
  
10  
00:00:37,940 --> 00:00:39,580  
纠右手边的部首  
  
11  
00:00:40,140 --> 00:00:44,380  
这个字应该读脚啊，脚痛的意思  
  
12  
00:00:45,320 --> 00:00:48,440  
呃说文之中有关于对它的解释  
  
13  
00:00:49,200 --> 00:00:53,920  
所谓脚腹重疾也啊，广运呢  
  
14  
00:00:54,400 --> 00:00:57,720  
这么讲叫腹中急痛也道理差不多  
  
15  
00:00:58,530 --> 00:01:00,530  
总之，腹中拘挛  
  
16  
00:01:01,250 --> 00:01:02,730  
拘急疼痛  
  
17  
00:01:04,519 --> 00:01:07,200  
放在一般来说，其实没啥大碍啊  
  
18  
00:01:07,280 --> 00:01:11,700  
肚子疼一疼，有可能老百姓话肚子疼不是病是吧  
  
19  
00:01:11,700 --> 00:01:12,860  
那你着凉了啊  
  
20  
00:01:13,530 --> 00:01:16,050  
但是如果怀着身怀六甲  
  
21  
00:01:16,090 --> 00:01:17,250  
我们说怀孕的妇人  
  
22  
00:01:17,810 --> 00:01:19,130  
她这个时候肚子疼吧  
  
23  
00:01:19,610 --> 00:01:21,330  
那么大家未免会很紧张  
  
24  
00:01:22,640 --> 00:01:24,080  
那么我们中医啊  
  
25  
00:01:24,080 --> 00:01:25,080  
在金匮要略之中  
  
26  
00:01:25,080 --> 00:01:26,400  
他怎么认知这个问题  
  
27  
00:01:26,400 --> 00:01:28,480  
就为什么会腹中绞痛  
  
28  
00:01:29,160 --> 00:01:29,360  
呃  
  
29  
00:01:29,760 --> 00:01:34,640  
历代关于金贵的住家，所认知大同小异  
  
30  
00:01:35,000 --> 00:01:36,160  
其实从根源上说  
  
31  
00:01:36,160 --> 00:01:36,960  
根源上说啊  
  
32  
00:01:37,280 --> 00:01:38,040  
以方测证  
  
33  
00:01:38,080 --> 00:01:41,900  
你把当归芍药散研究研究啊，把它捋一捋啊  
  
34  
00:01:42,940 --> 00:01:45,140  
那么你看这里头龟烧胸啊  
  
35  
00:01:45,220 --> 00:01:48,200  
灵珠泽泻，可见一斑啊  
  
36  
00:01:48,240 --> 00:01:49,960  
于是历代医家皆有论述  
  
37  
00:01:50,040 --> 00:01:52,640  
比如说清代黄元御先生  
  
38  
00:01:52,680 --> 00:01:54,160  
他就说了一句话啊  
  
39  
00:01:54,320 --> 00:01:59,210  
富人腹中诸疾痛，就是各种各样的肚子疼  
  
40  
00:02:00,530 --> 00:02:02,490  
他这句话说的可就有意思了啊  
  
41  
00:02:02,970 --> 00:02:04,650  
说说的比较大了啊  
  
42  
00:02:04,770 --> 00:02:09,250  
妇人腹中诸几痛就各种各样的疼，总跑不出去  
  
43  
00:02:09,250 --> 00:02:11,590  
出去一个病机，什么病机呢  
  
44  
00:02:11,630 --> 00:02:15,110  
无非他说了句话，无非什么  
  
45  
00:02:25,200 --> 00:02:29,680  
风木克湿土我们说从六气的角度上来说  
  
46  
00:02:29,920 --> 00:02:34,500  
木为厥阴风木土为太阴湿土啊  
  
47  
00:02:35,100 --> 00:02:37,180  
你把它总结起来，其实比较简单  
  
48  
00:02:37,180 --> 00:02:39,660  
就是木克土啊  
  
49  
00:02:39,700 --> 00:02:43,900  
木克土，那这个跟肚子疼有啥关系呢  
  
50  
00:02:44,340 --> 00:02:45,740  
当然有关啊  
  
51  
00:02:46,440 --> 00:02:48,360  
我们说珠爆将直皆属于风  
  
52  
00:02:48,720 --> 00:02:50,520  
这种风气之发动啊  
  
53  
00:02:50,520 --> 00:02:51,600  
封为百病之长  
  
54  
00:02:52,350 --> 00:02:56,950  
那么这种挛急、拘急、急痛那么多，与风相干  
  
55  
00:02:58,680 --> 00:02:59,320  
腹部啊  
  
56  
00:02:59,680 --> 00:03:02,560  
在人体五行的位置，又居于中  
  
57  
00:03:03,280 --> 00:03:06,920  
我们说，土居于中啊  
  
58  
00:03:08,350 --> 00:03:09,070  
土居于中  
  
59  
00:03:10,070 --> 00:03:11,430  
他的位置啊  
  
60  
00:03:12,100 --> 00:03:12,740  
脾胃呢  
  
61  
00:03:12,820 --> 00:03:13,580  
居中属土  
  
62  
00:03:14,140 --> 00:03:17,140  
那么木气发动，行克脾土  
  
63  
00:03:17,340 --> 00:03:18,900  
所以说是什么地方疼啊  
  
64  
00:03:19,580 --> 00:03:20,620  
那一定是哎  
  
65  
00:03:21,100 --> 00:03:23,300  
中间这位置，也就是所谓的腹部  
  
66  
00:03:25,430 --> 00:03:30,410  
后世一家呢，对他也多有传承啊  
  
67  
00:03:30,410 --> 00:03:32,290  
就在论述方面都有传承  
  
68  
00:03:32,530 --> 00:03:34,410  
你比如说这个呃  
  
69  
00:03:35,530 --> 00:03:37,670  
苏世平先生啊  
  
70  
00:03:37,750 --> 00:03:41,470  
他讲土受木克故，腹中绞痛  
  
71  
00:03:43,480 --> 00:03:44,680  
黄杰熙先生呢  
  
72  
00:03:45,640 --> 00:03:48,200  
也讲到肝疾而吐虚  
  
73  
00:03:48,990 --> 00:03:50,710  
墓必贼土啊  
  
74  
00:03:51,350 --> 00:03:53,990  
就是墓肯定会来，贼克对吧  
  
75  
00:03:53,990 --> 00:03:55,670  
按照我们那个内经的说法  
  
76  
00:03:55,670 --> 00:03:58,540  
贼克比土，故腹绞痛  
  
77  
00:03:59,250 --> 00:04:00,970  
那么在这一脉相承  
  
78  
00:04:00,970 --> 00:04:03,610  
大家首先把它并机就确定了啊  
  
79  
00:04:03,610 --> 00:04:05,810  
就是一个木克土的一个问题  
  
80  
00:04:06,350 --> 00:04:08,430  
那么怎么解这个扣啊木  
  
81  
00:04:08,430 --> 00:04:10,110  
既然克土，怎么解这个扣  
  
82  
00:04:11,980 --> 00:04:14,860  
元代医家赵以德先生啊  
  
83  
00:04:15,100 --> 00:04:16,500  
在我的心目之中  
  
84  
00:04:16,899 --> 00:04:19,519  
他是与成无己相比肩的  
  
85  
00:04:19,560 --> 00:04:22,079  
最早注释金匮要略的这么一位医家啊  
  
86  
00:04:22,760 --> 00:04:27,340  
赵翼德先生说，芍药数倍于他要  
  
87  
00:04:27,980 --> 00:04:30,900  
那么你从这个比例上，你看差得就很多  
  
88  
00:04:32,210 --> 00:04:32,410  
呃  
  
89  
00:04:32,650 --> 00:04:34,410  
汉代古制一斤十六两  
  
90  
00:04:34,490 --> 00:04:36,930  
少要一斤，当归才三两吧  
  
91  
00:04:38,050 --> 00:04:40,010  
你这么一看，他相差很多啊  
  
92  
00:04:42,170 --> 00:04:45,170  
因此，数倍于他要怎么办呢  
  
93  
00:04:45,730 --> 00:04:47,850  
叫以泄肝木利音色  
  
94  
00:04:47,930 --> 00:04:50,570  
这赵翼德所说的啊，这六个字  
  
95  
00:04:54,180 --> 00:05:01,470  
卸甘蔗利这个音啊  
  
96  
00:05:01,550 --> 00:05:04,750  
就指的是营捏阴血阴液的意思啊  
  
97  
00:05:04,750 --> 00:05:05,670  
它的概念比较大  
  
98  
00:05:06,430 --> 00:05:07,470  
额诸阴  
  
99  
00:05:07,590 --> 00:05:12,560  
你看这这个营津液血液啊，都在其中  
  
100  
00:05:13,080 --> 00:05:15,320  
利阴色色者啊  
  
101  
00:05:16,680 --> 00:05:17,760  
闭塞也啊  
  
102  
00:05:18,360 --> 00:05:20,720  
能把阴气之闭塞把它打开  
  
103  
00:05:22,560 --> 00:05:26,360  
清代医家邹润安先生，人家也讲到啊  
  
104  
00:05:26,560 --> 00:05:27,520  
芍药干什么  
  
105  
00:05:27,600 --> 00:05:30,280  
破阴节而不阳和啊  
  
106  
00:05:30,970 --> 00:05:32,210  
因此说，呃  
  
107  
00:05:32,770 --> 00:05:34,290  
芍药起这么大的作用  
  
108  
00:05:34,290 --> 00:05:35,810  
当归芍药散，当归芍散  
  
109  
00:05:35,810 --> 00:05:37,650  
他芍药是它的一个亮点  
  
110  
00:05:37,690 --> 00:05:38,570  
量非常大  
  
111  
00:05:40,980 --> 00:05:41,980  
那么后世医家呢  
  
112  
00:05:42,020 --> 00:05:44,020  
关于归巢散的用法呢  
  
113  
00:05:44,260 --> 00:05:45,700  
大体趋同啊  
  
114  
00:05:46,060 --> 00:05:46,820  
大体趋同  
  
115  
00:05:47,230 --> 00:05:48,110  
我以前啊  
  
116  
00:05:48,550 --> 00:05:54,310  
一直就认为归芍散跟逍遥散他俩长得很像啊  
  
117  
00:05:54,310 --> 00:05:55,670  
就从结构上长得很像  
  
118  
00:05:56,160 --> 00:05:56,360  
呃  
  
119  
00:05:56,440 --> 00:06:01,240  
直到读到清初四家朱光贝先生的论述的时候啊  
  
120  
00:06:01,240 --> 00:06:01,920  
发现呢  
  
121  
00:06:02,440 --> 00:06:02,640  
呃  
  
122  
00:06:02,760 --> 00:06:05,560  
跟老前辈的观点啊，也是暗合  
  
123  
00:06:06,180 --> 00:06:06,380  
呃  
  
124  
00:06:06,580 --> 00:06:07,180  
诸公呢  
  
125  
00:06:07,260 --> 00:06:09,260  
讲这么一句话，叫胸归芍药  
  
126  
00:06:09,500 --> 00:06:11,220  
足以和肝啊  
  
127  
00:06:11,340 --> 00:06:12,340  
合穴疏肝  
  
128  
00:06:12,820 --> 00:06:13,940  
胸归芍药啊  
  
129  
00:06:13,940 --> 00:06:16,180  
它干什么能和血能疏肝  
  
130  
00:06:17,170 --> 00:06:18,850  
灵珠泽泻干什么呢  
  
131  
00:06:19,090 --> 00:06:21,250  
足以运脾胜湿  
  
132  
00:06:22,190 --> 00:06:24,910  
你看一边在干一边在劈  
  
133  
00:06:26,260 --> 00:06:27,980  
是不是一边在干一边在避  
  
134  
00:06:28,380 --> 00:06:28,620  
哎  
  
135  
00:06:28,660 --> 00:06:33,420  
这个你，你无非是从脉象上找消息嘛  
  
136  
00:06:33,820 --> 00:06:34,260  
啊  
  
137  
00:06:35,410 --> 00:06:37,770  
此计后人，逍遥散之蓝本也  
  
138  
00:06:37,850 --> 00:06:39,090  
那么这是诸公的原话  
  
139  
00:06:39,450 --> 00:06:40,050  
呃我  
  
140  
00:06:40,210 --> 00:06:42,010  
我当初看这个归巢散的时候  
  
141  
00:06:42,010 --> 00:06:43,890  
我也觉得跟逍遥散长得特别像  
  
142  
00:06:44,270 --> 00:06:47,510  
你看消散里头把川胸去掉了  
  
143  
00:06:47,510 --> 00:06:49,350  
换成了柴胡啊  
  
144  
00:06:49,750 --> 00:06:50,790  
把泽泻去掉了  
  
145  
00:06:50,790 --> 00:06:54,430  
因为他不用这个大剂量的利水的药啊  
  
146  
00:06:54,830 --> 00:06:56,350  
利湿的药加上谁呢  
  
147  
00:06:56,830 --> 00:06:57,830  
加上甘草啊  
  
148  
00:06:58,150 --> 00:07:01,690  
那么就成了逍遥，反过来就变归少三  
  
149  
00:07:03,930 --> 00:07:04,130  
呃  
  
150  
00:07:04,730 --> 00:07:05,770  
彭子益先生呢  
  
151  
00:07:05,930 --> 00:07:08,740  
他在说的时候也很直白啊  
  
152  
00:07:08,940 --> 00:07:09,740  
彭子怡总结  
  
153  
00:07:09,780 --> 00:07:14,540  
归少散说这么一句话叫归芍川芎以治木气  
  
154  
00:07:16,330 --> 00:07:20,170  
灵珠则泄，以致土气啊他这个  
  
155  
00:07:38,980 --> 00:07:40,460  
一个是木器  
  
156  
00:07:44,300 --> 00:07:46,860  
一个是土气  
  
157  
00:07:49,300 --> 00:07:50,300  
后世医家呀  
  
158  
00:07:50,460 --> 00:07:54,570  
他每每在强调病机的时候啊  
  
159  
00:07:55,370 --> 00:07:58,010  
你会发现一些东西是趋同的  
  
160  
00:07:59,840 --> 00:08:00,880  
金匮要略呢  
  
161  
00:08:01,320 --> 00:08:02,520  
注重官窍  
  
162  
00:08:03,560 --> 00:08:04,360  
我们可以说  
  
163  
00:08:05,280 --> 00:08:05,920  
富人病  
  
164  
00:08:06,860 --> 00:08:08,500  
从这些医家的论述  
  
165  
00:08:08,500 --> 00:08:09,340  
包括临床  
  
166  
00:08:09,500 --> 00:08:14,850  
以及我们对古人经方的应用结构  
  
167  
00:08:15,610 --> 00:08:17,450  
慢慢的你会发现一个道理  
  
168  
00:08:17,490 --> 00:08:19,540  
就像黄元御说的，啊  
  
169  
00:08:19,620 --> 00:08:21,860  
妇人腹中诸疾痛，无非什么呀  
  
170  
00:08:21,860 --> 00:08:23,220  
风木克脾土啊  
  
171  
00:08:23,220 --> 00:08:25,460  
风木克湿度是不是就是这个  
  
172  
00:08:25,580 --> 00:08:26,340  
从这个角度  
  
173  
00:08:26,830 --> 00:08:27,710  
呃，彭子益呢  
  
174  
00:08:27,710 --> 00:08:29,470  
人又把这个方法给你拆出来  
  
175  
00:08:29,550 --> 00:08:30,630  
告诉你，胸归芍药  
  
176  
00:08:31,820 --> 00:08:33,820  
本身就是治木器的灵柱  
  
177  
00:08:33,820 --> 00:08:34,659  
泽泻治土气  
  
178  
00:08:36,220 --> 00:08:37,820  
彭公还说过一句话啊  
  
179  
00:08:37,820 --> 00:08:39,820  
那么这句话就相对来说  
  
180  
00:08:39,820 --> 00:08:42,000  
提纲挈领，叫妇人之病  
  
181  
00:08:42,360 --> 00:08:44,200  
多在土木而栖  
  
182  
00:08:44,320 --> 00:08:45,520  
你看看，哎  
  
183  
00:08:46,970 --> 00:08:47,650  
这么一讲  
  
184  
00:08:48,130 --> 00:08:50,810  
因此彭公呢，又有话啊  
  
185  
00:08:50,890 --> 00:08:51,410  
又有话  
  
186  
00:08:51,410 --> 00:08:53,410  
后头还说了一句话八个字啊  
  
187  
00:08:53,410 --> 00:08:54,010  
这么说  
  
188  
00:08:54,590 --> 00:08:59,710  
叫土木坚毅复刻要诀  
  
189  
00:09:01,460 --> 00:09:02,340  
坚是哪个坚  
  
190  
00:09:02,380 --> 00:09:03,060  
坚固的坚  
  
191  
00:09:03,100 --> 00:09:03,420  
对吧  
  
192  
00:09:03,780 --> 00:09:06,300  
土和木坚固去医治  
  
193  
00:09:07,570 --> 00:09:11,810  
此为妇科要诀这个八个字彭公所所述啊  
  
194  
00:09:11,810 --> 00:09:12,690  
是这么讲的  
  
195  
00:09:14,020 --> 00:09:16,420  
从中我们还能够明白一个道理  
  
196  
00:09:18,000 --> 00:09:20,160  
商论序言中有有曰  
  
197  
00:09:20,600 --> 00:09:22,440  
所谓天布五行，以运万类  
  
198  
00:09:23,000 --> 00:09:26,890  
其实我们很多时候注重症状啊  
  
199  
00:09:27,090 --> 00:09:29,250  
从中间呢找到六经之端倪  
  
200  
00:09:29,810 --> 00:09:34,170  
但是往往很多时候人们会忽略一个底层逻辑  
  
201  
00:09:35,890 --> 00:09:37,130  
症状是个现象  
  
202  
00:09:38,250 --> 00:09:40,050  
六经呢是一层道理  
  
203  
00:09:40,850 --> 00:09:43,620  
但它在内在外头  
  
204  
00:09:43,620 --> 00:09:46,900  
你看六经在那转，是不是在那显象  
  
205  
00:09:46,980 --> 00:09:48,820  
今天显个太阳，明天显个邵阳  
  
206  
00:09:49,260 --> 00:09:50,020  
那后头呢  
  
207  
00:09:50,100 --> 00:09:52,340  
人家讲邵阳的时候，仲景先师  
  
208  
00:09:52,340 --> 00:09:53,340  
人家早就跟你说了  
  
209  
00:09:54,100 --> 00:09:56,900  
那么邪高痛下固使呕，也就偶是偶了  
  
210  
00:09:56,900 --> 00:09:57,660  
那为什么呀  
  
211  
00:09:59,080 --> 00:10:00,120  
那原因很简单啊  
  
212  
00:10:00,120 --> 00:10:01,040  
肝木克脾土啊  
  
213  
00:10:01,680 --> 00:10:02,000  
对吧  
  
214  
00:10:02,000 --> 00:10:03,800  
它里头有生克制化呀  
  
215  
00:10:04,240 --> 00:10:06,160  
有有这个所谓称呼的关系呀  
  
216  
00:10:06,480 --> 00:10:11,710  
那么所以我们知道中医你要是想探其究竟  
  
217  
00:10:12,070 --> 00:10:16,690  
你就不能停留在我就知道头疼用啥药就完了  
  
218  
00:10:17,130 --> 00:10:17,610  
那不够  
  
219  
00:10:18,210 --> 00:10:19,370  
实际上你还要明白  
  
220  
00:10:19,370 --> 00:10:22,420  
它背后，即使在六经的背后一层  
  
221  
00:10:22,460 --> 00:10:24,380  
依然有存在着底层的逻辑  
  
222  
00:10:24,540 --> 00:10:27,260  
就是五脏之间、五行之间的生克制化  
  
223  
00:10:27,870 --> 00:10:29,710  
话说回来，象数理对吧  
  
224  
00:10:29,950 --> 00:10:31,670  
我们说有数才有理  
  
225  
00:10:32,470 --> 00:10:34,710  
中国古代数学在这多说两句  
  
226  
00:10:35,150 --> 00:10:36,270  
中国古代数学  
  
227  
00:10:36,390 --> 00:10:40,800  
我在平时大学课堂上经常给我的学生讲，中国的科学  
  
228  
00:10:40,960 --> 00:10:43,430  
它是一种关系科学啊  
  
229  
00:10:43,470 --> 00:10:45,070  
在这说一说啊  
  
230  
00:10:45,110 --> 00:10:49,710  
借着归少散的这个木和土的事，给大家说一下  
  
231  
00:10:51,710 --> 00:10:52,910  
你一定要明白一个事  
  
232  
00:10:53,630 --> 00:10:55,430  
中国的这个科学科学啊  
  
233  
00:10:55,790 --> 00:10:57,590  
它被称之为关系科学  
  
234  
00:10:58,680 --> 00:10:59,760  
什么叫关系科学呢  
  
235  
00:11:00,040 --> 00:11:01,440  
我可能研究这个东西呢  
  
236  
00:11:01,720 --> 00:11:04,200  
我跟老外的那个视角他不一样  
  
237  
00:11:04,580 --> 00:11:05,780  
我就研究研究一个事  
  
238  
00:11:05,780 --> 00:11:07,340  
儿他们之间的关系谁管谁  
  
239  
00:11:07,780 --> 00:11:08,540  
明白了没有  
  
240  
00:11:08,910 --> 00:11:09,070  
哎  
  
241  
00:11:09,070 --> 00:11:10,550  
那这个东西就很有意思  
  
242  
00:11:10,670 --> 00:11:12,030  
这个思维很中国啊  
  
243  
00:11:12,110 --> 00:11:12,630  
很中国  
  
244  
00:11:13,070 --> 00:11:13,270  
呃  
  
245  
00:11:13,310 --> 00:11:19,930  
就是我要研究他们之间的这种互相之间的制约制衡  
  
246  
00:11:20,530 --> 00:11:24,010  
没有任何一个东西是永远制衡别人不被别人制衡的啊  
  
247  
00:11:24,440 --> 00:11:27,640  
也没有任何一个东西是永远到哪都被别人制衡  
  
248  
00:11:27,640 --> 00:11:29,920  
但他又不制衡别人的这个东西  
  
249  
00:11:30,320 --> 00:11:31,480  
你把它转起来  
  
250  
00:11:31,890 --> 00:11:32,090  
呃  
  
251  
00:11:32,490 --> 00:11:36,290  
中医的这个方子，我过去经常跟我的学生说  
  
252  
00:11:36,290 --> 00:11:37,850  
我说你啥时候看方子  
  
253  
00:11:37,850 --> 00:11:40,880  
你能看到这方子动起来，你就有点意思了  
  
254  
00:11:40,880 --> 00:11:41,760  
什么叫动起来  
  
255  
00:11:41,760 --> 00:11:44,160  
它们之间要有关联，明白啥意思没有  
  
256  
00:11:44,320 --> 00:11:46,000  
你不能开一张方子往那一放  
  
257  
00:11:46,580 --> 00:11:48,780  
这幢房子如一滩死水啊  
  
258  
00:11:48,780 --> 00:11:50,640  
如一条死鱼，放在那  
  
259  
00:11:50,640 --> 00:11:51,760  
它一点生机都没有  
  
260  
00:11:51,760 --> 00:11:53,720  
那这个方子用上去，它一定不好使  
  
261  
00:11:54,440 --> 00:11:55,720  
就说一个非常简单的问题  
  
262  
00:11:55,720 --> 00:11:57,440  
他一定是有关联的  
  
263  
00:11:57,970 --> 00:12:00,130  
所以我的师傅沈沈谦益先生啊  
  
264  
00:12:00,130 --> 00:12:02,010  
那也经过去说过一句话  
  
265  
00:12:02,010 --> 00:12:02,810  
非常经典  
  
266  
00:12:03,330 --> 00:12:03,530  
呃  
  
267  
00:12:03,690 --> 00:12:04,770  
五脏六腑之间啊  
  
268  
00:12:04,770 --> 00:12:06,290  
你不怕龙争虎斗  
  
269  
00:12:06,790 --> 00:12:08,870  
唯恐魂魄末路，明白吧  
  
270  
00:12:08,870 --> 00:12:10,310  
就是你不怕症状很剧烈  
  
271  
00:12:10,790 --> 00:12:11,910  
症状来了，你不用怕  
  
272  
00:12:11,910 --> 00:12:12,950  
他怕什么  
  
273  
00:12:12,950 --> 00:12:14,150  
怕谁都不理谁了  
  
274  
00:12:14,390 --> 00:12:15,150  
谁都不理谁了  
  
275  
00:12:15,150 --> 00:12:16,590  
魂魄末路，谁也不认识谁了  
  
276  
00:12:16,870 --> 00:12:20,520  
那这个就就彻底就没了，啊哈  
  
277  
00:12:20,680 --> 00:12:21,800  
就休矣，对吧  
  
278  
00:12:21,800 --> 00:12:22,920  
那这到这就没了  
  
279  
00:12:23,280 --> 00:12:23,840  
因此说  
  
280  
00:12:24,760 --> 00:12:26,440  
呃，咱们回到这个归巢散  
  
281  
00:12:26,920 --> 00:12:28,790  
你从这个中间啊  
  
282  
00:12:28,830 --> 00:12:31,590  
你从一个症状中间你能看到木和土的关系  
  
283  
00:12:32,070 --> 00:12:33,110  
从木和土的关系  
  
284  
00:12:33,110 --> 00:12:35,690  
我们又返回到中国  
  
285  
00:12:35,690 --> 00:12:38,290  
古代哲学，象数理中国的数学  
  
286  
00:12:39,220 --> 00:12:43,540  
你不要以为我们这个没有数学五行就是数学关系，就是数学  
  
287  
00:12:43,540 --> 00:12:44,060  
明白了吧  
  
288  
00:12:44,620 --> 00:12:44,820  
哎  
  
289  
00:12:45,140 --> 00:12:46,860  
那么这个数学还非常有意思  
  
290  
00:12:47,890 --> 00:12:49,490  
常中还有变木  
  
291  
00:12:49,570 --> 00:12:52,250  
正常来说克土吧，你要整不好  
  
292  
00:12:52,730 --> 00:12:56,370  
整不好土还反过来克木呢，对不对啊  
  
293  
00:12:57,120 --> 00:12:58,480  
哎，有秤就有污  
  
294  
00:12:58,800 --> 00:13:00,680  
他有反过来的啊  
  
295  
00:13:02,190 --> 00:13:03,150  
哪个是反过来的  
  
296  
00:13:03,470 --> 00:13:05,470  
下一章干姜人参半  
  
297  
00:13:05,470 --> 00:13:06,510  
夏丸就是反过来的  
  
298  
00:13:06,510 --> 00:13:07,430  
我一会给你讲啊  
  
299  
00:13:07,430 --> 00:13:09,590  
我再把归巢来最后说两句  
  
300  
00:13:10,120 --> 00:13:15,720  
那么这张方原本是应用于妇人怀孕的时候这种腹痛症  
  
301  
00:13:16,280 --> 00:13:17,000  
但是呢  
  
302  
00:13:17,040 --> 00:13:20,480  
那你说老师这个患者她不怀孕，我是不能用啊  
  
303  
00:13:20,960 --> 00:13:21,720  
诧异对吧  
  
304  
00:13:22,200 --> 00:13:25,980  
哎巨这一些文献的记录啊  
  
305  
00:13:27,540 --> 00:13:28,380  
有这个说法  
  
306  
00:13:28,930 --> 00:13:33,050  
归芍散又名六气经纬丸、戏谷方啊  
  
307  
00:13:33,050 --> 00:13:33,890  
它本身是古方  
  
308  
00:13:34,250 --> 00:13:36,530  
仲景先师本来就是博采众方啊  
  
309  
00:13:37,010 --> 00:13:40,800  
戏谷方出自于一部书  
  
310  
00:13:40,800 --> 00:13:43,320  
叫什么叫缘何即用经啊  
  
311  
00:13:43,320 --> 00:13:44,800  
就是有这个有这个说法啊  
  
312  
00:13:46,480 --> 00:13:50,400  
呃，那么所以这个呢  
  
313  
00:13:52,310 --> 00:13:55,220  
不止可以应用于怀孕啊  
  
314  
00:13:55,260 --> 00:13:57,980  
只是说择优，我们认为在那在这肚子疼  
  
315  
00:13:57,980 --> 00:13:59,340  
那给他就用上了  
  
316  
00:13:59,700 --> 00:14:02,650  
那么大多数情况下啊  
  
317  
00:14:02,730 --> 00:14:05,210  
用于女子与月经相关  
  
318  
00:14:05,530 --> 00:14:06,730  
所谓经带胎产嘛  
  
319  
00:14:06,930 --> 00:14:07,890  
你就琢磨吧  
  
320  
00:14:08,130 --> 00:14:09,530  
这里头都可以应用  
  
321  
00:14:11,500 --> 00:14:13,500  
那又有人问了男科行不行  
  
322  
00:14:15,760 --> 00:14:17,960  
还是我那句话，我教学生啊  
  
323  
00:14:18,960 --> 00:14:23,800  
提倡越用越行，而不是越用越不行啊  
  
324  
00:14:25,690 --> 00:14:26,250  
说白了  
  
325  
00:14:27,330 --> 00:14:28,970  
就是你作为一个医生  
  
326  
00:14:29,810 --> 00:14:33,520  
你的意识自由度是否能越来越大  
  
327  
00:14:33,520 --> 00:14:34,520  
而不是越来越窄  
  
328  
00:14:35,000 --> 00:14:36,200  
什么叫越来越窄呢  
  
329  
00:14:37,400 --> 00:14:38,400  
一张方好了  
  
330  
00:14:39,480 --> 00:14:42,080  
你把好孩子往傻里学啊  
  
331  
00:14:42,280 --> 00:14:42,760  
怎么学  
  
332  
00:14:42,760 --> 00:14:46,200  
我告诉你，你就把他所有的啊  
  
333  
00:14:46,200 --> 00:14:47,480  
这个方必须是谁  
  
334  
00:14:48,900 --> 00:14:49,700  
谁用对吧  
  
335  
00:14:49,740 --> 00:14:51,380  
什么样的人啊  
  
336  
00:14:52,100 --> 00:14:53,740  
十、问歌问一遍啊  
  
337  
00:14:54,140 --> 00:14:55,420  
前世今生问一遍  
  
338  
00:14:56,540 --> 00:14:56,740  
呃  
  
339  
00:14:57,380 --> 00:14:59,180  
甚至是身份证号也得对上啊  
  
340  
00:14:59,180 --> 00:15:01,620  
身份证号对不上他也不能用开玩笑  
  
341  
00:15:02,220 --> 00:15:03,620  
那能对上身份证号吗  
  
342  
00:15:04,530 --> 00:15:05,650  
中医是那么用的吗  
  
343  
00:15:05,650 --> 00:15:05,970  
对吧  
  
344  
00:15:06,490 --> 00:15:09,650  
但是我这句话半晚笑什么意思  
  
345  
00:15:10,200 --> 00:15:12,880  
有很多人在学方的时候把方学死了啊  
  
346  
00:15:12,880 --> 00:15:15,520  
说这方必须得时间地点人物事件全都合上  
  
347  
00:15:15,880 --> 00:15:18,520  
那你如果抓住它的核心的问题  
  
348  
00:15:19,640 --> 00:15:23,440  
我认为啊，你抓住它的干根本的问题  
  
349  
00:15:23,600 --> 00:15:24,680  
它的枝叶的问题  
  
350  
00:15:24,680 --> 00:15:28,450  
你就可以变异形式，明白啥意思没有  
  
351  
00:15:28,610 --> 00:15:31,010  
这叫提高你的意识自由度  
  
352  
00:15:31,370 --> 00:15:34,410  
意识自由度，越打开你的方子越用越行  
  
353  
00:15:34,950 --> 00:15:36,670  
我们经常看一些临床高手啊  
  
354  
00:15:36,790 --> 00:15:39,390  
她一张给女孩用的方  
  
355  
00:15:39,670 --> 00:15:40,510  
她谁都给用  
  
356  
00:15:40,710 --> 00:15:41,870  
老头也用对吧  
  
357  
00:15:41,870 --> 00:15:42,590  
小孩也用  
  
358  
00:15:43,500 --> 00:15:45,340  
这叫中医啊  
  
359  
00:15:45,740 --> 00:15:47,900  
他是意识自由度是打开的  
  
360  
00:15:48,900 --> 00:15:50,300  
大家要明白这个道理啊  
  
361  
00:15:50,300 --> 00:15:51,660  
意识自由度是打开的  
  
362  
00:15:52,790 --> 00:15:53,470  
那么在这呢  
  
363  
00:15:53,470 --> 00:15:56,670  
就给大家呃，把这个归芍散  
  
364  
00:15:57,270 --> 00:15:59,350  
咱们就告一段落说完了啊  
  
365  
00:15:59,940 --> 00:16:02,580  
在临床中应用，大家注意一个细节  
  
366  
00:16:03,100 --> 00:16:05,750  
原文是散剂，对吧  
  
367  
00:16:06,270 --> 00:16:08,910  
要加什么加清酒，清酒  
  
368  
00:16:08,950 --> 00:16:09,710  
宣导行经  
  
369  
00:16:09,790 --> 00:16:10,710  
通行脉络  
  
370  
00:16:11,280 --> 00:16:11,480  
呃  
  
371  
00:16:11,520 --> 00:16:13,840  
只是我们今天在临床上呢，实话实说  
  
372  
00:16:13,840 --> 00:16:17,960  
我多以这个呃什么为用啊  
  
373  
00:16:18,720 --> 00:16:20,120  
多以汤剂为用  
  
374  
00:16:20,710 --> 00:16:23,590  
同时呢，我们有这个一个用法  
  
375  
00:16:23,590 --> 00:16:27,590  
你看刚刚刚这个桂枝茯苓丸是上堂课讲的吧  
  
376  
00:16:28,240 --> 00:16:30,480  
桂枝茯苓丸合上当归芍药散  
  
377  
00:16:30,520 --> 00:16:33,760  
临床中常用于治疗子宫肌瘤  
  
378  
00:16:34,870 --> 00:16:35,630  
这个用得多  
  
379  
00:16:36,630 --> 00:16:39,470  
很多同学也都也都在用  
  
380  
00:16:39,710 --> 00:16:42,460  
但是为什么你们要考虑这个问题了吧  
  
381  
00:16:42,860 --> 00:16:45,180  
咱们上次课给大家讲过，硅  
  
382  
00:16:45,340 --> 00:16:45,540  
呃  
  
383  
00:16:45,620 --> 00:16:46,500  
所谓桂枝茯苓  
  
384  
00:16:46,500 --> 00:16:48,700  
凡它的应用，是不是啊  
  
385  
00:16:48,820 --> 00:16:50,140  
桂枝茯苓丸它的应用  
  
386  
00:16:51,100 --> 00:16:53,300  
那么通过呃，桂枝茯苓呢  
  
387  
00:16:53,300 --> 00:16:57,820  
那么交通心肾能够让心肾之气血呢  
  
388  
00:16:58,020 --> 00:16:58,940  
归附于正道  
  
389  
00:16:59,180 --> 00:17:00,540  
不去滋养贼寇  
  
390  
00:17:01,220 --> 00:17:03,100  
与此同时，桂枝丹皮呢  
  
391  
00:17:03,140 --> 00:17:04,800  
又能行淤啊  
  
392  
00:17:04,800 --> 00:17:06,400  
这里头茯苓呢，又能利湿  
  
393  
00:17:06,680 --> 00:17:08,640  
让邪气有所去助  
  
394  
00:17:09,200 --> 00:17:10,079  
和上硅藻散  
  
395  
00:17:10,480 --> 00:17:16,720  
把木土这种相克的状态变成一个相互为用的状态  
  
396  
00:17:17,280 --> 00:17:19,000  
那么人就好了  
  
397  
00:17:19,780 --> 00:17:21,020  
你记住，治病啊  
  
398  
00:17:21,020 --> 00:17:23,540  
有一点治病的高手啊  
  
399  
00:17:24,140 --> 00:17:28,500  
不是说眼睛里看见有一个贼寇或者有一个坏人啊  
  
400  
00:17:28,700 --> 00:17:30,220  
你三箭把贼寇扎死  
  
401  
00:17:30,220 --> 00:17:31,220  
我一箭就扎死  
  
402  
00:17:32,100 --> 00:17:33,300  
不，不是这样的  
  
403  
00:17:33,580 --> 00:17:35,380  
真正的高手是什么样的  
  
404  
00:17:35,900 --> 00:17:39,400  
没有贼寇，都是好人啊  
  
405  
00:17:39,520 --> 00:17:41,470  
他是贼寇，不对呀  
  
406  
00:17:41,990 --> 00:17:44,630  
他只是把自己的关系搞错了  
  
407  
00:17:44,630 --> 00:17:46,150  
重来明白啥意思没有  
  
408  
00:17:46,470 --> 00:17:46,670  
哎  
  
409  
00:17:46,670 --> 00:17:49,190  
搞错了，你让他给你为用  
  
410  
00:17:50,770 --> 00:17:51,810  
效果就出来了  
  
411  
00:17:51,930 --> 00:17:54,170  
就像是呃，新冠疫情  
  
412  
00:17:55,050 --> 00:17:55,250  
呃  
  
413  
00:17:55,290 --> 00:17:56,850  
我的师傅沈谦益先生呢  
  
414  
00:17:57,650 --> 00:18:00,110  
画材的普化汤对吧  
  
415  
00:18:00,230 --> 00:18:02,830  
大家用了之后发现效果也确实很神奇  
  
416  
00:18:03,590 --> 00:18:05,310  
那么它的底层逻辑是什么  
  
417  
00:18:05,390 --> 00:18:08,780  
它并不是说，比如说新冠病毒是个熊孩子  
  
418  
00:18:09,380 --> 00:18:10,700  
进到这个玻璃屋里啊  
  
419  
00:18:11,020 --> 00:18:13,340  
见啥打啥见啥蹭啥啊  
  
420  
00:18:13,380 --> 00:18:16,660  
咱并不是说关上门打他，你能撵上他吗  
  
421  
00:18:16,860 --> 00:18:17,900  
如果你年轻行  
  
422  
00:18:17,980 --> 00:18:20,100  
你把他抓住，很多老人啊  
  
423  
00:18:20,100 --> 00:18:21,960  
他抓不住，你抓  
  
424  
00:18:22,160 --> 00:18:24,520  
抓到半道屋里玻璃打一地  
  
425  
00:18:25,710 --> 00:18:27,070  
普化汤，换了个思维  
  
426  
00:18:27,310 --> 00:18:29,350  
把门打开，把小孩找回来  
  
427  
00:18:29,350 --> 00:18:29,550  
哎  
  
428  
00:18:29,790 --> 00:18:31,950  
来给你块糖，给我打酱油去  
  
429  
00:18:32,110 --> 00:18:33,070  
跑的老快了  
  
430  
00:18:33,350 --> 00:18:33,670  
对吧  
  
431  
00:18:33,830 --> 00:18:35,670  
很快把酱油给你打回来啊  
  
432  
00:18:35,990 --> 00:18:37,790  
我们临床上捎带脚普化汤  
  
433  
00:18:37,790 --> 00:18:40,630  
用完之后把陈年的老病治好的比比皆是啊  
  
434  
00:18:40,870 --> 00:18:41,630  
比比皆是  
  
435  
00:18:42,200 --> 00:18:46,280  
就是你怎么去跟邪气认识它，提高自由度  
  
436  
00:18:46,590 --> 00:18:48,270  
学医的人你千万不要  
  
437  
00:18:48,590 --> 00:18:49,790  
尤其你以后当了老师  
  
438  
00:18:50,190 --> 00:18:51,030  
你教了学生  
  
439  
00:18:51,430 --> 00:18:55,850  
学生问你老师，那这个方法如果我这样去想思考行不行  
  
440  
00:18:55,850 --> 00:18:56,730  
你上来就不行  
  
441  
00:18:57,410 --> 00:18:57,730  
好了  
  
442  
00:18:58,130 --> 00:18:59,530  
断人慧命，明白了吧  
  
443  
00:19:00,090 --> 00:19:02,120  
你先捋捋不行  
  
444  
00:19:02,320 --> 00:19:04,200  
不见得是这个事儿不行  
  
445  
00:19:04,200 --> 00:19:07,220  
有可能是你的思维意识不行啊  
  
446  
00:19:07,540 --> 00:19:09,100  
我们打开意识自由度  
  
447  
00:19:09,540 --> 00:19:13,600  
而不是要把它越越学越死，把好孩子教傻了  
  
448  
00:19:13,960 --> 00:19:15,920  
那样的话那你中医靠什么传承啊  
  
449  
00:19:16,440 --> 00:19:16,720  
啊  
  
450  
00:19:17,930 --> 00:19:18,530  
不是不行  
  
451  
00:19:18,570 --> 00:19:20,650  
只是我们自己没理解啊  
  
452  
00:19:21,050 --> 00:19:23,610  
抓住它的核心当归芍药散  
  
453  
00:19:24,350 --> 00:19:27,950  
无非封木克湿土啊  
  
454  
00:19:28,070 --> 00:19:32,570  
就是把这两个打架的状态给他劝架劝好了  
  
455  
00:19:32,850 --> 00:19:35,050  
让他俩以后好好过日子对吧  
  
456  
00:19:35,210 --> 00:19:36,050  
化害为利  
  
457  
00:19:36,370 --> 00:19:37,090  
化敌为友  
  
458  
00:19:37,130 --> 00:19:40,990  
敌为我用，你才能够无敌啊  
  
459  
00:19:41,270 --> 00:19:42,990  
敌为我用才能无敌  
  
460  
00:19:44,150 --> 00:19:46,790  
好，我们接着往下看啊  
  
461  
00:19:48,710 --> 00:19:49,510  
第六条  
  
462  
00:19:52,460 --> 00:19:54,820  
干姜人参半夏丸原文非常简单  
  
463  
00:19:55,020 --> 00:19:57,180  
人参呕吐不止啊  
  
464  
00:19:58,790 --> 00:20:00,550  
呕吐不止，这个我们很熟悉  
  
465  
00:20:00,830 --> 00:20:01,790  
金匮要略之中  
  
466  
00:20:01,870 --> 00:20:03,510  
比如说大半夏汤  
  
467  
00:20:04,720 --> 00:20:06,360  
比如带黄甘草汤  
  
468  
00:20:07,430 --> 00:20:08,630  
甚至伤寒论  
  
469  
00:20:09,430 --> 00:20:12,470  
韩哥更逆吐，下食入口即吐  
  
470  
00:20:13,230 --> 00:20:14,670  
干姜人参  
  
471  
00:20:15,610 --> 00:20:16,250  
秦连汤吧  
  
472  
00:20:16,610 --> 00:20:16,810  
哎  
  
473  
00:20:17,010 --> 00:20:19,210  
那么都是治疗这个呕吐不止的  
  
474  
00:20:19,690 --> 00:20:21,330  
但是这个呕吐不止有所不同  
  
475  
00:20:21,370 --> 00:20:23,210  
为啥它安在谁身上了  
  
476  
00:20:23,800 --> 00:20:25,600  
这是一个孕妇啊  
  
477  
00:20:25,600 --> 00:20:26,600  
安在孕妇身上了  
  
478  
00:20:27,000 --> 00:20:27,920  
那么这个时候  
  
479  
00:20:30,180 --> 00:20:32,420  
首先他的生理病理跟常人不同  
  
480  
00:20:32,860 --> 00:20:33,460  
哪不同  
  
481  
00:20:34,540 --> 00:20:35,180  
哪不同  
  
482  
00:20:36,360 --> 00:20:38,720  
一定要明白这个问题，哪儿不同同学们  
  
483  
00:20:42,100 --> 00:20:42,980  
原因很简单  
  
484  
00:20:43,380 --> 00:20:44,580  
肚子里有个孩子吧  
  
485  
00:20:45,940 --> 00:20:48,500  
这个孩子他是不是消耗人啊  
  
486  
00:20:49,420 --> 00:20:50,340  
大家看到了没有  
  
487  
00:20:52,100 --> 00:20:52,900  
这个胎啊  
  
488  
00:20:53,460 --> 00:20:54,540  
在母体之中  
  
489  
00:20:56,720 --> 00:20:59,320  
那么它一定会消耗人的元气  
  
490  
00:21:00,760 --> 00:21:02,960  
于是乎就造成一个现象  
  
491  
00:21:03,680 --> 00:21:06,240  
简单的说两个字  
  
492  
00:21:10,660 --> 00:21:12,100  
中虚啊  
  
493  
00:21:12,900 --> 00:21:15,020  
它一定是中气虚的  
  
494  
00:21:15,340 --> 00:21:17,580  
中气虚了之后就产生一个现象  
  
495  
00:21:17,620 --> 00:21:18,500  
怎么着了呢  
  
496  
00:21:19,700 --> 00:21:23,450  
施主易阻，那么湿浊就很容易上来  
  
497  
00:21:23,450 --> 00:21:25,090  
因为我们说土土啊  
  
498  
00:21:25,690 --> 00:21:27,730  
居中土能治谁啊  
  
499  
00:21:28,270 --> 00:21:29,430  
能治水是不是啊  
  
500  
00:21:29,910 --> 00:21:32,060  
但是土在治水  
  
501  
00:21:32,060 --> 00:21:34,460  
他治不牢的时候，那么水啊  
  
502  
00:21:35,180 --> 00:21:37,460  
犯上来则湿阻中焦  
  
503  
00:21:37,780 --> 00:21:38,780  
于是乎就呕吐  
  
504  
00:21:40,100 --> 00:21:41,940  
此为人生之常态  
  
505  
00:21:42,380 --> 00:21:47,440  
我们说在怀孕的时候有这种呃呕吐状态  
  
506  
00:21:47,600 --> 00:21:50,220  
其实是很正常啊  
  
507  
00:21:50,260 --> 00:21:50,820  
很正常  
  
508  
00:21:51,660 --> 00:21:54,100  
老百姓俗称害喜，对吧  
  
509  
00:21:54,580 --> 00:21:54,780  
哎  
  
510  
00:21:54,780 --> 00:21:55,460  
那么有喜了  
  
511  
00:21:55,460 --> 00:21:56,300  
有喜了之后，哎  
  
512  
00:21:56,300 --> 00:21:57,020  
就就就恶心  
  
513  
00:21:57,500 --> 00:21:58,140  
很正常  
  
514  
00:21:58,980 --> 00:22:00,060  
所以说这个时候呢  
  
515  
00:22:00,100 --> 00:22:00,940  
我们在治疗的时候  
  
516  
00:22:00,940 --> 00:22:04,340  
你就要考虑到中虚的因素啊  
  
517  
00:22:04,460 --> 00:22:08,120  
历代医家也多有类似的论述  
  
518  
00:22:08,480 --> 00:22:09,800  
比如说朱光贝先生  
  
519  
00:22:09,800 --> 00:22:12,640  
他讲胎元时气，中气自虚啊  
  
520  
00:22:13,240 --> 00:22:14,000  
尤在靖呢  
  
521  
00:22:14,000 --> 00:22:15,830  
又说，这张方啊  
  
522  
00:22:15,870 --> 00:22:18,320  
所谓干姜人参半夏丸胃  
  
523  
00:22:18,840 --> 00:22:22,920  
人参中虚而有寒饮者摄这个说的很精道  
  
524  
00:22:23,360 --> 00:22:25,400  
人参中虚，而且煎什么呢  
  
525  
00:22:32,760 --> 00:22:34,280  
中序又有含义啊  
  
526  
00:22:34,440 --> 00:22:35,600  
中序又有含义  
  
527  
00:22:36,720 --> 00:22:37,560  
那么这两个  
  
528  
00:22:39,470 --> 00:22:43,080  
所以从这来说，就这两点啊  
  
529  
00:22:43,200 --> 00:22:45,120  
一无非是脾胃之虚  
  
530  
00:22:45,760 --> 00:22:49,240  
二呢，无非是这个水饮之寒  
  
531  
00:22:50,750 --> 00:22:52,430  
那么去怎么解决啊  
  
532  
00:22:53,110 --> 00:22:56,030  
这个方大家一看之后发现比较眼熟  
  
533  
00:22:56,850 --> 00:22:57,770  
这房里头啊  
  
534  
00:22:58,170 --> 00:23:01,090  
起码有两张房子看见了没有  
  
535  
00:23:02,010 --> 00:23:04,500  
有半夏干姜散吧  
  
536  
00:23:05,650 --> 00:23:06,730  
有没有小半夏汤  
  
537  
00:23:07,690 --> 00:23:09,890  
加上人参，我认为啊  
  
538  
00:23:09,970 --> 00:23:12,410  
多少又有点大半夏汤的意思  
  
539  
00:23:14,210 --> 00:23:14,450  
啊  
  
540  
00:23:14,530 --> 00:23:17,410  
所以这个呢，也是一个面面俱到之法  
  
541  
00:23:17,450 --> 00:23:19,530  
从这个几个层面来说  
  
542  
00:23:20,550 --> 00:23:23,190  
治疗这个中焦之之寒啊  
  
543  
00:23:23,310 --> 00:23:24,790  
大半夏汤之变局吧  
  
544  
00:23:24,790 --> 00:23:25,870  
你从这个角度来说  
  
545  
00:23:26,270 --> 00:23:28,690  
中焦之寒饮，中虚加寒饮  
  
546  
00:23:29,130 --> 00:23:29,330  
呃  
  
547  
00:23:29,450 --> 00:23:32,050  
他这几味药干姜本身至寒人参补虚  
  
548  
00:23:32,900 --> 00:23:38,120  
半半夏这个小半夏汤那本身就是化痰降逆止呕的啊  
  
549  
00:23:38,800 --> 00:23:39,440  
这个方  
  
550  
00:23:39,960 --> 00:23:40,160  
呃  
  
551  
00:23:40,200 --> 00:23:45,020  
当然了，它也是不止拘泥于怀孕的妇女啊  
  
552  
00:23:45,420 --> 00:23:49,420  
你不能把她仅仅局限于怀孕之妇人  
  
553  
00:23:50,460 --> 00:23:51,740  
通常的这种呕吐不止  
  
554  
00:23:51,740 --> 00:23:57,940  
只要你观察到有中焦的虚和寒饮之间的相加加零啊  
  
555  
00:23:57,940 --> 00:24:01,740  
只要他俩之间合到一起就可以考虑啊  
  
556  
00:24:03,360 --> 00:24:03,560  
好  
  
557  
00:24:03,560 --> 00:24:06,600  
我们再往下看，呃原文第七条  
  
558  
00:24:08,300 --> 00:24:09,340  
原文第七条啊  
  
559  
00:24:10,790 --> 00:24:12,150  
呃，讲这么一个事  
  
560  
00:24:13,630 --> 00:24:15,550  
人参小便难，饮食如故  
  
561  
00:24:16,800 --> 00:24:20,680  
当归贝母苦参丸主治这个方我一说好多同学乐了啊  
  
562  
00:24:20,960 --> 00:24:24,240  
那我们临床上天天用啊，这个方干什么用  
  
563  
00:24:25,010 --> 00:24:26,970  
呃，其实它就是利小便的  
  
564  
00:24:27,850 --> 00:24:29,650  
但是为啥临床我们天天用  
  
565  
00:24:30,330 --> 00:24:31,450  
非常简单一个问题  
  
566  
00:24:32,780 --> 00:24:33,980  
比如说膀胱癌  
  
567  
00:24:35,450 --> 00:24:38,810  
或者是跟输尿管相关的啊，肿瘤占位  
  
568  
00:24:40,330 --> 00:24:42,370  
压迫造成小便不利  
  
569  
00:24:42,650 --> 00:24:45,130  
你还真就离不了他啊  
  
570  
00:24:45,610 --> 00:24:47,330  
贝母，因为它有什么作用  
  
571  
00:24:47,370 --> 00:24:48,450  
散结的作用对吧  
  
572  
00:24:48,450 --> 00:24:49,050  
有大背  
  
573  
00:24:49,550 --> 00:24:52,630  
呃，这个是我们每天都在用的一张厨房啊  
  
574  
00:24:54,010 --> 00:24:57,210  
但是这张这张方的原意其实源于谁呢  
  
575  
00:24:57,890 --> 00:25:01,130  
源于这个人参妇女啊  
  
576  
00:25:01,170 --> 00:25:03,730  
就是怀孕的妇女，人身小便难  
  
577  
00:25:03,770 --> 00:25:04,410  
饮食如故  
  
578  
00:25:04,770 --> 00:25:05,810  
那么所谓人参小便  
  
579  
00:25:05,810 --> 00:25:06,370  
男饮食物  
  
580  
00:25:06,370 --> 00:25:07,850  
饮食入故，就说明一个问题  
  
581  
00:25:08,190 --> 00:25:09,270  
他的病怎么样  
  
582  
00:25:09,270 --> 00:25:13,990  
他不在中焦乙方测证吧  
  
583  
00:25:14,740 --> 00:25:15,660  
啊，乙方测证嘛  
  
584  
00:25:15,660 --> 00:25:16,540  
那么根据这个来说  
  
585  
00:25:16,540 --> 00:25:19,780  
你看里头有当归有苦参，说明啥呀  
  
586  
00:25:19,780 --> 00:25:22,300  
一个是血虚，一个是燥热啊  
  
587  
00:25:22,960 --> 00:25:24,000  
有血虚，有燥热  
  
588  
00:25:24,320 --> 00:25:25,240  
那么它病机呢  
  
589  
00:25:26,000 --> 00:25:26,920  
无非是什么呢  
  
590  
00:25:27,640 --> 00:25:27,920  
呃  
  
591  
00:25:28,830 --> 00:25:29,710  
再加上有贝母  
  
592  
00:25:30,110 --> 00:25:31,070  
那么就废气灶  
  
593  
00:25:31,110 --> 00:25:33,070  
废气灶则不能生水  
  
594  
00:25:34,340 --> 00:25:35,420  
肺燥不能生水  
  
595  
00:25:35,540 --> 00:25:36,340  
肺主什么呀  
  
596  
00:25:36,460 --> 00:25:38,740  
同学们，肺腑功能啊  
  
597  
00:25:39,020 --> 00:25:39,980  
通调什么  
  
598  
00:25:40,420 --> 00:25:43,660  
水稻在我们伤寒和金匮诸汤症之中  
  
599  
00:25:44,170 --> 00:25:47,210  
肺和水的关系我们说非常的深刻  
  
600  
00:25:47,570 --> 00:25:51,610  
大家一定要注意，这个事儿非常的深刻啊  
  
601  
00:25:53,700 --> 00:25:53,900  
额  
  
602  
00:25:56,020 --> 00:25:58,220  
那么不能通调水道就造成一个问题啊  
  
603  
00:25:59,090 --> 00:26:00,530  
水就不能输给谁了  
  
604  
00:26:01,490 --> 00:26:02,890  
不能输给膀胱了吧  
  
605  
00:26:03,490 --> 00:26:03,690  
哎  
  
606  
00:26:03,690 --> 00:26:04,770  
不能输给膀胱了吧  
  
607  
00:26:04,890 --> 00:26:06,770  
那么膀胱水就少了  
  
608  
00:26:07,870 --> 00:26:09,110  
于是乎产生热结  
  
609  
00:26:09,630 --> 00:26:13,900  
所以这个当归贝母苦参丸啊，很有意思  
  
610  
00:26:13,940 --> 00:26:17,580  
很多人说说老师，那我这方你临床上用效果也挺好  
  
611  
00:26:17,820 --> 00:26:21,440  
但这里头我也没看着利尿药啊，对吧  
  
612  
00:26:21,720 --> 00:26:23,360  
这里头你倒给我来点茅根  
  
613  
00:26:23,480 --> 00:26:25,960  
来点车前子或者是猪苓茯苓啥的  
  
614  
00:26:26,160 --> 00:26:28,200  
来来个茯苓也也比较认真吧  
  
615  
00:26:28,200 --> 00:26:28,480  
对吧  
  
616  
00:26:28,960 --> 00:26:30,150  
没有啊  
  
617  
00:26:30,230 --> 00:26:32,470  
这个都没有啊，呃  
  
618  
00:26:32,790 --> 00:26:33,710  
他是靠什么  
  
619  
00:26:33,710 --> 00:26:36,910  
当然我们其实从根源上，你从本经来说啊  
  
620  
00:26:37,230 --> 00:26:38,750  
本经来说，比如说贝母  
  
621  
00:26:39,260 --> 00:26:40,700  
它也有通淋的作用，对吧  
  
622  
00:26:40,700 --> 00:26:41,700  
也有利小便的作用  
  
623  
00:26:41,900 --> 00:26:43,840  
那么苦参也有，呃  
  
624  
00:26:43,960 --> 00:26:46,520  
但是他什么机理什么机理  
  
625  
00:26:47,200 --> 00:26:49,240  
就是我刚才给大家讲这个  
  
626  
00:26:50,500 --> 00:26:53,900  
一个核心的生命  
  
627  
00:26:57,980 --> 00:26:59,100  
饮，入于胃  
  
628  
00:26:59,260 --> 00:27:01,780  
游溢精气上输于脾  
  
629  
00:27:01,780 --> 00:27:04,300  
脾气散精，上归于肺  
  
630  
00:27:11,000 --> 00:27:11,680  
空调  
  
631  
00:27:13,440 --> 00:27:16,880  
水稻还能怎么样  
  
632  
00:27:26,920 --> 00:27:27,480  
膀胱  
  
633  
00:27:29,980 --> 00:27:33,020  
他就管这个环节，明白了吧  
  
634  
00:27:33,620 --> 00:27:35,260  
那么富人怀仁  
  
635  
00:27:35,300 --> 00:27:39,140  
我们说在人身状态下，他里头怀个孩子  
  
636  
00:27:40,740 --> 00:27:41,700  
即使小便不利  
  
637  
00:27:41,820 --> 00:27:45,740  
咱们一开始尽量还是不直接通小便  
  
638  
00:27:46,600 --> 00:27:47,160  
为什么呀  
  
639  
00:27:47,600 --> 00:27:49,840  
因为胎细于肾，对不对啊  
  
640  
00:27:50,160 --> 00:27:50,360  
哎  
  
641  
00:27:50,360 --> 00:27:53,440  
那本身你动肾就容易动胎气这块呢  
  
642  
00:27:53,440 --> 00:27:55,090  
我们就尽量的，呃  
  
643  
00:27:55,130 --> 00:27:56,490  
肾和膀胱又相表里嘛  
  
644  
00:27:56,490 --> 00:27:58,090  
尽量不动它不动它  
  
645  
00:27:58,130 --> 00:28:00,820  
能不能把这个小便给它制动  
  
646  
00:28:01,260 --> 00:28:03,060  
这就跟下棋的高手似的，对吧  
  
647  
00:28:03,580 --> 00:28:05,740  
哎不，这这几个子儿不让你动  
  
648  
00:28:06,210 --> 00:28:07,650  
我能不能把这局破了  
  
649  
00:28:08,130 --> 00:28:08,330  
唉  
  
650  
00:28:08,410 --> 00:28:10,530  
其实就是在破局怎么破  
  
651  
00:28:10,940 --> 00:28:12,900  
那就从这个生理的链条上  
  
652  
00:28:13,220 --> 00:28:14,980  
咱们去找端倪，找答案  
  
653  
00:28:15,340 --> 00:28:16,340  
这块就告诉你了  
  
654  
00:28:16,380 --> 00:28:17,980  
那么既然废主通调水道  
  
655  
00:28:18,100 --> 00:28:20,560  
因此这个里头的事儿啊  
  
656  
00:28:21,200 --> 00:28:23,720  
肺不通调水道之后出现了两个矛盾  
  
657  
00:28:23,800 --> 00:28:25,870  
一、膀胱水比较少吧  
  
658  
00:28:26,390 --> 00:28:27,350  
首先膀胱不利  
  
659  
00:28:27,510 --> 00:28:30,270  
第二，膀胱水少之后是不是有热结啊  
  
660  
00:28:30,670 --> 00:28:31,110  
你看  
  
661  
00:28:33,160 --> 00:28:36,160  
一下输膀胱出现了障碍  
  
662  
00:28:36,640 --> 00:28:39,740  
第二产生结热  
  
663  
00:28:41,180 --> 00:28:42,180  
所以啊  
  
664  
00:28:44,420 --> 00:28:45,140  
产生结热  
  
665  
00:28:45,220 --> 00:28:47,540  
那血不就血，不就取血就燥了吗  
  
666  
00:28:47,540 --> 00:28:48,020  
对不对啊  
  
667  
00:28:48,420 --> 00:28:52,580  
所以当归养血，苦参通热结  
  
668  
00:28:53,870 --> 00:28:55,750  
贝母散肺气  
  
669  
00:28:55,910 --> 00:28:56,870  
贝母色白嘛  
  
670  
00:28:57,350 --> 00:28:57,590  
哎  
  
671  
00:28:57,590 --> 00:29:00,390  
色白，那么可以入肺又能散结  
  
672  
00:29:01,030 --> 00:29:01,390  
呃  
  
673  
00:29:02,070 --> 00:29:04,150  
把这个郁郁结啊，把它打开  
  
674  
00:29:04,710 --> 00:29:08,040  
郁解则热散，结通则水行啊  
  
675  
00:29:08,040 --> 00:29:10,440  
这是元代赵以德先生的原话啊  
  
676  
00:29:11,000 --> 00:29:12,200  
欲解则热散  
  
677  
00:29:12,440 --> 00:29:13,480  
结通则水行  
  
678  
00:29:13,840 --> 00:29:20,510  
就是开浴散热通节请水啊  
  
679  
00:29:23,120 --> 00:29:27,200  
清代医家李文评价这张方讲了四个字  
  
680  
00:29:27,560 --> 00:29:29,480  
我认为尤为精到  
  
681  
00:29:31,320 --> 00:29:33,240  
水处高原啊  
  
682  
00:29:33,520 --> 00:29:36,200  
水处高原有点意思吧  
  
683  
00:29:36,680 --> 00:29:36,880  
哎  
  
684  
00:29:36,920 --> 00:29:39,120  
那肺为水是什么上源  
  
685  
00:29:39,520 --> 00:29:40,720  
所以我们中医治病  
  
686  
00:29:40,760 --> 00:29:42,840  
你就不能头疼医头脚疼医脚  
  
687  
00:29:42,840 --> 00:29:45,120  
你不能盯着那个病看啊  
  
688  
00:29:45,160 --> 00:29:47,520  
你要明白他们之间这种关联  
  
689  
00:29:49,650 --> 00:29:53,000  
陈元熙先生是这么理解的啊  
  
690  
00:29:53,000 --> 00:29:54,800  
它叫下病上取  
  
691  
00:29:54,920 --> 00:29:56,400  
其实是一回事啊  
  
692  
00:29:56,560 --> 00:29:58,040  
一回事，呃  
  
693  
00:29:58,160 --> 00:30:02,230  
总的来说都是一个道理，比较相通啊  
  
694  
00:30:03,550 --> 00:30:03,750  
呃  
  
695  
00:30:03,750 --> 00:30:10,260  
但这里头还有一个东西我们要加以注意啊  
  
696  
00:30:11,100 --> 00:30:11,860  
龟背口神丸  
  
697  
00:30:11,860 --> 00:30:13,500  
还有这么一个东西要加以注意  
  
698  
00:30:13,980 --> 00:30:17,360  
清代一家高学山，他有一个观点很有很有意思啊  
  
699  
00:30:17,360 --> 00:30:18,280  
他讲这么一个事  
  
700  
00:30:18,680 --> 00:30:19,520  
寒以清火  
  
701  
00:30:19,840 --> 00:30:20,680  
苦以数胎  
  
702  
00:30:20,760 --> 00:30:21,520  
因为苦啊  
  
703  
00:30:21,600 --> 00:30:22,640  
苦则兼之，对吧  
  
704  
00:30:22,920 --> 00:30:24,980  
他能把数就是约束的数  
  
705  
00:30:26,770 --> 00:30:27,970  
寒以清火  
  
706  
00:30:28,610 --> 00:30:30,450  
苦则恕恕，就是约束嘛  
  
707  
00:30:30,450 --> 00:30:30,690  
对吧  
  
708  
00:30:31,050 --> 00:30:31,610  
恕胎  
  
709  
00:30:32,640 --> 00:30:33,600  
那么贝母呢  
  
710  
00:30:33,640 --> 00:30:37,690  
体青色白，能开育瘀滞之气啊  
  
711  
00:30:38,170 --> 00:30:38,930  
瘀滞之气  
  
712  
00:30:39,850 --> 00:30:41,170  
呃，苦身呢  
  
713  
00:30:41,810 --> 00:30:44,950  
味苦性陈，能兼散漫之气  
  
714  
00:30:45,430 --> 00:30:48,790  
它这个里头就有一个从味道的角度来说啊  
  
715  
00:30:49,030 --> 00:30:49,990  
从味道的角度来说  
  
716  
00:30:50,270 --> 00:30:53,270  
一个呢，就是贝母开结苦身呢  
  
717  
00:30:53,670 --> 00:30:56,390  
向内兼敛约束的意思  
  
718  
00:30:56,870 --> 00:30:59,620  
兼敛约束则抬起不动啊  
  
719  
00:30:59,620 --> 00:31:03,580  
所以它不但能，咱说白了能通小便  
  
720  
00:31:04,520 --> 00:31:07,760  
能散瘀结，同时又不伤胎气啊  
  
721  
00:31:07,880 --> 00:31:09,480  
这个就很妙了  
  
722  
00:31:09,480 --> 00:31:10,960  
用在这个角度就很妙了  
  
723  
00:31:12,890 --> 00:31:14,050  
所以它的根本呢  
  
724  
00:31:14,090 --> 00:31:17,610  
其实就是治肺气不利造成的膀胱结热  
  
725  
00:31:17,610 --> 00:31:20,050  
治小便男啊呃，贝母呢  
  
726  
00:31:20,810 --> 00:31:22,830  
本身利肺窍  
  
727  
00:31:23,750 --> 00:31:26,150  
当归补血还能立心窍  
  
728  
00:31:30,040 --> 00:31:31,040  
呃，苦参呢  
  
729  
00:31:31,520 --> 00:31:34,800  
苦寒开膀胱之热解啊  
  
730  
00:31:36,510 --> 00:31:37,950  
利小便通三焦  
  
731  
00:31:38,910 --> 00:31:40,630  
那么这张方在临床的时候  
  
732  
00:31:40,630 --> 00:31:44,260  
我们应用小与小便不利很广啊  
  
733  
00:31:44,300 --> 00:31:50,780  
它的原意是自然是用自于这个人参妻之妇人啊  
  
734  
00:31:51,930 --> 00:31:55,850  
但是我们在临床中就把它相对的推而广之啊  
  
735  
00:31:55,850 --> 00:31:56,690  
用的比较多  
  
736  
00:31:57,890 --> 00:31:58,090  
呃  
  
737  
00:31:58,410 --> 00:31:59,250  
各种的小便不利  
  
738  
00:31:59,250 --> 00:32:03,660  
有的时候你不便于直接去理小便的，呃呃呃  
  
739  
00:32:04,340 --> 00:32:07,580  
或者甚或是你观察到它  
  
740  
00:32:07,580 --> 00:32:10,220  
就是由于肺气闭郁造成小便不通的  
  
741  
00:32:10,460 --> 00:32:11,940  
你都可以应手取之  
  
742  
00:32:12,720 --> 00:32:14,680  
所以这块呢，给大家讲金贵啊  
  
743  
00:32:14,680 --> 00:32:16,000  
我们就是条分缕析  
  
744  
00:32:16,000 --> 00:32:17,410  
一条一条呃  
  
745  
00:32:17,410 --> 00:32:18,850  
一张方，一张方给大家讲  
  
746  
00:32:18,930 --> 00:32:21,250  
大家就意识到，我们讲每张方  
  
747  
00:32:21,330 --> 00:32:24,810  
并不是说讲到哪张方的时候就把哪张方夸上天啊  
  
748  
00:32:24,810 --> 00:32:25,850  
别的房就不好  
  
749  
00:32:26,240 --> 00:32:30,440  
而是告诉你每一张方，他为什么要圣人  
  
750  
00:32:30,560 --> 00:32:32,610  
要用它随方设教  
  
751  
00:32:32,970 --> 00:32:35,390  
用它去立法，对吧  
  
752  
00:32:35,710 --> 00:32:35,910  
哎  
  
753  
00:32:36,110 --> 00:32:39,590  
每一张方它都有它不同的立交点的特点啊  
  
754  
00:32:39,590 --> 00:32:43,590  
这个是咱们讲尺有所短，寸有所长啊  
  
755  
00:32:43,790 --> 00:32:45,070  
尺有所短，寸有所长  
  
756  
00:32:46,020 --> 00:32:47,140  
呃，是在这儿的啊  
  
757  
00:32:47,500 --> 00:32:50,460  
因此在临床上你就不能看见小便男，之后好了  
  
758  
00:32:51,220 --> 00:32:54,710  
你弄一个利小便宇宙汤，对吧  
  
759  
00:32:55,270 --> 00:32:55,510  
哎  
  
760  
00:32:55,510 --> 00:32:57,550  
搞一个什么，比如五苓散和猪苓汤  
  
761  
00:32:57,550 --> 00:32:58,710  
再合上龟背口神丸  
  
762  
00:32:58,710 --> 00:33:00,300  
再喝葵子茯苓散，啊  
  
763  
00:33:00,340 --> 00:33:00,660  
对吧  
  
764  
00:33:00,900 --> 00:33:03,100  
再加摩根车前都给他用上啊  
  
765  
00:33:03,100 --> 00:33:05,140  
那就咱说能不能治好病  
  
766  
00:33:05,260 --> 00:33:08,020  
我相信你治十个，总有几个是有效的  
  
767  
00:33:08,380 --> 00:33:10,220  
甚至有一个蒙准了还特效啊  
  
768  
00:33:10,220 --> 00:33:12,550  
回头把锦旗给你拿来了啊  
  
769  
00:33:12,750 --> 00:33:13,950  
大家知道我的习惯  
  
770  
00:33:14,030 --> 00:33:19,220  
我我是凡是患者给锦旗我我我都不敢挂  
  
771  
00:33:19,220 --> 00:33:20,180  
我都收下来  
  
772  
00:33:20,300 --> 00:33:20,780  
为什么  
  
773  
00:33:21,380 --> 00:33:23,540  
呃，学问之道啊  
  
774  
00:33:25,840 --> 00:33:26,840  
道阻且长  
  
775  
00:33:27,330 --> 00:33:28,530  
千万别自己啊  
  
776  
00:33:28,530 --> 00:33:30,810  
把自己给捧起来，明白那个道理  
  
777  
00:33:30,890 --> 00:33:34,930  
但是患者对医生的这种表彰啊，和那一种嘉许啊  
  
778  
00:33:34,930 --> 00:33:37,690  
这个东西是我们医生其实挺好的一个事  
  
779  
00:33:38,050 --> 00:33:39,330  
千金不换啊  
  
780  
00:33:39,890 --> 00:33:41,210  
呃，但是呢  
  
781  
00:33:42,050 --> 00:33:44,130  
我就始终在想一个问题  
  
782  
00:33:44,370 --> 00:33:47,360  
咱们在医学上所得甚浅啊  
  
783  
00:33:47,440 --> 00:33:48,200  
一道尚浅  
  
784  
00:33:48,280 --> 00:33:51,160  
我们呃，不断的学习吧啊  
  
785  
00:33:51,680 --> 00:33:52,280  
说到这呢  
  
786  
00:33:52,280 --> 00:33:53,800  
我们接着往下看啊  
  
787  
00:33:55,100 --> 00:33:55,900  
下头这张方  
  
788  
00:33:58,050 --> 00:34:02,130  
葵子茯苓散我经常把他跟龟背口神丸一起用啊  
  
789  
00:34:02,130 --> 00:34:02,810  
经常一起用  
  
790  
00:34:03,090 --> 00:34:05,680  
他俩之间是，我们可以这样讲  
  
791  
00:34:05,680 --> 00:34:07,280  
就是各有所长啊  
  
792  
00:34:07,280 --> 00:34:08,239  
干的事不一样  
  
793  
00:34:09,350 --> 00:34:09,550  
额  
  
794  
00:34:09,590 --> 00:34:10,909  
亏死弗利万散，这个呢  
  
795  
00:34:11,110 --> 00:34:12,070  
特别有意思啊  
  
796  
00:34:13,790 --> 00:34:14,230  
条纹  
  
797  
00:34:16,540 --> 00:34:17,659  
就是说，呃  
  
798  
00:34:17,780 --> 00:34:18,900  
叫人参有水汽  
  
799  
00:34:19,020 --> 00:34:23,420  
我认为这个是非常典型的非常经典的重诗的一个笔法  
  
800  
00:34:23,870 --> 00:34:25,270  
他先告诉你人参有水汽  
  
801  
00:34:25,350 --> 00:34:28,060  
后头这些深重小便不利，对吧  
  
802  
00:34:28,380 --> 00:34:29,340  
呃，色系、恶寒  
  
803  
00:34:29,739 --> 00:34:33,300  
奇迹、头悬，其实都是在解释这个水汽的事  
  
804  
00:34:34,320 --> 00:34:36,920  
用了一张方叫葵子茯苓，葵子一斤  
  
805  
00:34:36,960 --> 00:34:37,679  
茯苓三两  
  
806  
00:34:37,960 --> 00:34:38,120  
哎  
  
807  
00:34:38,120 --> 00:34:39,960  
一说到葵子这个事就好玩了  
  
808  
00:34:40,480 --> 00:34:42,469  
呃，那么葵子到底是啥  
  
809  
00:34:42,550 --> 00:34:44,469  
我们今天临床用用冬葵子  
  
810  
00:34:44,510 --> 00:34:45,949  
但是发现有一个问题  
  
811  
00:34:45,949 --> 00:34:47,560  
冬葵子滑胎，对吧  
  
812  
00:34:47,560 --> 00:34:51,280  
有人认为说说他能葵子性滑，容易堕胎  
  
813  
00:34:51,719 --> 00:34:56,679  
那么堕胎的药为啥要用到人参病理它不会出问题吗  
  
814  
00:34:58,000 --> 00:34:59,960  
所以这个我们得先聊聊魁子的事啊  
  
815  
00:35:01,500 --> 00:35:02,500  
我小的时候啊  
  
816  
00:35:03,420 --> 00:35:06,270  
呃，我家贴了幅字  
  
817  
00:35:06,310 --> 00:35:08,390  
我印象中应该是，哎  
  
818  
00:35:08,390 --> 00:35:09,350  
那个时候太远了  
  
819  
00:35:09,350 --> 00:35:10,670  
小学那时候吧，很早  
  
820  
00:35:11,590 --> 00:35:11,870  
呃  
  
821  
00:35:12,510 --> 00:35:16,790  
我的母亲啊，她写的一手好书法啊  
  
822  
00:35:17,150 --> 00:35:19,720  
我的母亲写的一手好书法，呃  
  
823  
00:35:19,920 --> 00:35:21,880  
他自己亲笔写的一首诗  
  
824  
00:35:21,880 --> 00:35:24,780  
我到现在都能朗朗上口  
  
825  
00:35:24,780 --> 00:35:27,660  
小时候我在家抬头就能看见这首诗啊  
  
826  
00:35:28,560 --> 00:35:33,370  
青青园中葵朝露待日夕阳春布德泽  
  
827  
00:35:33,650 --> 00:35:34,770  
万物生光辉  
  
828  
00:35:35,250 --> 00:35:38,770  
常恐秋节至昆黄华叶衰  
  
829  
00:35:39,210 --> 00:35:40,290  
百川到东海  
  
830  
00:35:40,410 --> 00:35:41,250  
何时复西归  
  
831  
00:35:41,690 --> 00:35:42,810  
少壮不努力  
  
832  
00:35:43,210 --> 00:35:46,840  
老大徒伤悲，源于汉乐府啊  
  
833  
00:35:46,880 --> 00:35:50,120  
这么一首诗，中间就说了叫青青园中葵  
  
834  
00:35:50,920 --> 00:35:51,120  
哎  
  
835  
00:35:51,520 --> 00:35:52,720  
那么后世有争议  
  
836  
00:35:52,720 --> 00:35:55,120  
说这个魁子，因为大量的一家  
  
837  
00:35:55,120 --> 00:35:55,920  
尤其清代一家  
  
838  
00:35:56,000 --> 00:35:58,320  
他讲一句话叫葵子向日，对吧  
  
839  
00:35:58,840 --> 00:35:59,000  
哎  
  
840  
00:35:59,000 --> 00:36:00,120  
他说，东微子才向日  
  
841  
00:36:00,360 --> 00:36:01,080  
很多人就想，哎  
  
842  
00:36:01,080 --> 00:36:02,320  
那这个东西我知道是啥  
  
843  
00:36:03,240 --> 00:36:04,600  
向日葵，对吧  
  
844  
00:36:04,720 --> 00:36:05,480  
向日葵之子  
  
845  
00:36:05,520 --> 00:36:06,800  
简称瓜子儿嘛，对吧  
  
846  
00:36:07,520 --> 00:36:07,720  
哎  
  
847  
00:36:07,720 --> 00:36:09,440  
你可以炒啊  
  
848  
00:36:09,440 --> 00:36:10,680  
你可以五香是吧  
  
849  
00:36:11,080 --> 00:36:11,280  
哎  
  
850  
00:36:11,280 --> 00:36:12,280  
这个都可以啊  
  
851  
00:36:13,280 --> 00:36:14,040  
是不是啊  
  
852  
00:36:14,120 --> 00:36:16,640  
首先在这我给大家讲个事，呃  
  
853  
00:36:17,680 --> 00:36:19,400  
是不是呢  
  
854  
00:36:19,560 --> 00:36:22,920  
确切的告诉你，不是为什么不是啊  
  
855  
00:36:22,920 --> 00:36:25,360  
原因很简单啊  
  
856  
00:36:27,040 --> 00:36:29,160  
这个瓜子是啥时候来的啊  
  
857  
00:36:29,280 --> 00:36:33,160  
确切的讲，向日葵是原产于北美的一个植物  
  
858  
00:36:34,000 --> 00:36:37,360  
1510年西班牙人带到了欧洲  
  
859  
00:36:38,590 --> 00:36:43,070  
于万历年间经传教士之手传到中国啊  
  
860  
00:36:43,670 --> 00:36:44,670  
1688年呢  
  
861  
00:36:44,670 --> 00:36:48,270  
当时有一部书叫花镜啊  
  
862  
00:36:48,270 --> 00:36:51,580  
就是就是讲这各种花的啊，哎  
  
863  
00:36:51,860 --> 00:36:53,460  
类似于花中备在啊  
  
864  
00:36:53,460 --> 00:36:56,260  
就讲各种花就是长什么样，什么属性  
  
865  
00:36:56,540 --> 00:36:59,020  
中间有一段论述，讲叫向日葵  
  
866  
00:36:59,450 --> 00:37:00,690  
艺名西樊奎  
  
867  
00:37:01,490 --> 00:37:02,930  
高一二丈啊  
  
868  
00:37:03,010 --> 00:37:09,610  
业大禹蜀葵奸狭而呃多这个克缺啊  
  
869  
00:37:09,610 --> 00:37:10,170  
就是  
  
870  
00:37:11,590 --> 00:37:13,870  
呃，这个东西原产是是是舶来品  
  
871  
00:37:14,030 --> 00:37:17,710  
那么汉乐府里讲的葵显然不能是向日葵，对吧  
  
872  
00:37:18,190 --> 00:37:19,430  
呃，但说这个奎呢  
  
873  
00:37:19,430 --> 00:37:21,070  
其实由来已久啊  
  
874  
00:37:21,950 --> 00:37:23,630  
大家还记不记得啊  
  
875  
00:37:23,790 --> 00:37:28,750  
记不记得这个内经中间有一个论述，叫五菜为充  
  
876  
00:37:30,850 --> 00:37:32,210  
金匮真言论还记得吧  
  
877  
00:37:32,490 --> 00:37:33,370  
哎，五菜为充  
  
878  
00:37:33,730 --> 00:37:35,650  
那么五菜分别是什么啊  
  
879  
00:37:35,970 --> 00:37:36,850  
分别是什么  
  
880  
00:37:41,580 --> 00:37:46,420  
久泻葵聪，藿藿就是藿香的那个祸啊  
  
881  
00:37:47,350 --> 00:37:48,670  
这个是五蔡啊  
  
882  
00:37:48,670 --> 00:37:49,390  
名之为五菜  
  
883  
00:37:49,630 --> 00:37:51,430  
因此他呢，很早我们讲  
  
884  
00:37:51,910 --> 00:37:53,470  
最起码在战汉时期  
  
885  
00:37:54,350 --> 00:37:56,910  
就已经是老百姓比较常见了啊  
  
886  
00:37:57,590 --> 00:37:58,790  
呃，诗经呢  
  
887  
00:37:59,790 --> 00:38:01,310  
有一篇啊  
  
888  
00:38:01,390 --> 00:38:05,590  
诗经有一篇叫冰封7月中间讲叫7月  
  
889  
00:38:06,680 --> 00:38:08,280  
烹葵及交啊  
  
890  
00:38:08,320 --> 00:38:11,480  
那么这个就是很早的这么一个职务啊  
  
891  
00:38:12,320 --> 00:38:18,600  
那么后世清代医家说葵子向日是否是一个讹传呢  
  
892  
00:38:19,710 --> 00:38:21,550  
这个我给大家确切的讲  
  
893  
00:38:21,550 --> 00:38:22,670  
不是啊  
  
894  
00:38:22,670 --> 00:38:23,630  
这个不是讹传  
  
895  
00:38:23,950 --> 00:38:26,710  
那么他们说向日之葵子也不是向日葵  
  
896  
00:38:27,370 --> 00:38:28,570  
首先有一点啊  
  
897  
00:38:28,650 --> 00:38:30,690  
这个是非常可以肯定的啊  
  
898  
00:38:32,090 --> 00:38:34,450  
大多数的植物  
  
899  
00:38:35,290 --> 00:38:37,650  
尤其是花都有向日性  
  
900  
00:38:37,810 --> 00:38:38,650  
大家明白了没有  
  
901  
00:38:38,810 --> 00:38:42,130  
只是向日葵它它那个扭转幅度吧  
  
902  
00:38:42,980 --> 00:38:44,500  
他比较夸张啊  
  
903  
00:38:44,500 --> 00:38:48,260  
所以说就比较容易被人们给这个引起重视  
  
904  
00:38:49,100 --> 00:38:52,110  
呃，同时我们说这个这个葵啊  
  
905  
00:38:53,190 --> 00:38:53,710  
这个葵  
  
906  
00:38:54,190 --> 00:38:55,350  
我们说葵菜的葵  
  
907  
00:38:56,230 --> 00:38:56,430  
呃  
  
908  
00:38:56,510 --> 00:38:57,310  
其实这个呢  
  
909  
00:38:57,310 --> 00:38:59,750  
就是我们呃，称之为什么呢  
  
910  
00:39:00,830 --> 00:39:02,510  
呃，叫东魁  
  
911  
00:39:02,790 --> 00:39:03,390  
东魁嘛  
  
912  
00:39:04,350 --> 00:39:04,670  
哎  
  
913  
00:39:07,180 --> 00:39:10,220  
他本身就是向日性就比较明显  
  
914  
00:39:10,260 --> 00:39:12,620  
比如司马光司马光北宋的吧，对吧  
  
915  
00:39:12,820 --> 00:39:14,780  
那时候向日葵显然没来呢  
  
916  
00:39:15,100 --> 00:39:15,300  
呃  
  
917  
00:39:15,300 --> 00:39:16,260  
司马光就有首诗  
  
918  
00:39:16,340 --> 00:39:18,780  
这么讲叫更无柳絮，因风起  
  
919  
00:39:18,860 --> 00:39:20,740  
惟有葵花向日倾  
  
920  
00:39:21,340 --> 00:39:24,300  
后世诗文你们可以看得见啊  
  
921  
00:39:24,300 --> 00:39:25,620  
唐宋呃甚  
  
922  
00:39:25,620 --> 00:39:28,620  
甚至那个那个明代的比比皆是，特别多  
  
923  
00:39:29,400 --> 00:39:32,360  
那么这个向日啊，我们说有啥意思  
  
924  
00:39:32,400 --> 00:39:33,920  
这里头就有意思了啊  
  
925  
00:39:35,430 --> 00:39:36,550  
这里头有意思了  
  
926  
00:39:37,110 --> 00:39:37,310  
呃  
  
927  
00:39:37,390 --> 00:39:39,590  
我的理解，你看啊  
  
928  
00:39:41,070 --> 00:39:44,750  
人参有水气，出现了症状  
  
929  
00:39:46,320 --> 00:39:47,880  
深重小便不利，你想想  
  
930  
00:39:49,000 --> 00:39:50,600  
水汽是不是欲扬啊  
  
931  
00:39:51,910 --> 00:39:52,790  
必于阳气啊  
  
932  
00:39:53,590 --> 00:39:56,790  
郁于内则慎重，小便不利  
  
933  
00:39:57,270 --> 00:39:59,730  
欲外呢，则色气恶寒吧  
  
934  
00:40:00,250 --> 00:40:03,210  
有水气则起则头悬，那很正常啊  
  
935  
00:40:03,850 --> 00:40:05,850  
论原文第67条是怎么说的  
  
936  
00:40:06,480 --> 00:40:07,600  
起则头眩脉沉紧  
  
937  
00:40:07,600 --> 00:40:09,160  
发汗则动，经身为振振摇者  
  
938  
00:40:09,160 --> 00:40:10,960  
茯苓桂枝甘草白术汤主治对吧  
  
939  
00:40:11,600 --> 00:40:11,800  
哎  
  
940  
00:40:12,360 --> 00:40:13,720  
伤寒金匮一脉相承  
  
941  
00:40:14,420 --> 00:40:16,100  
那么起则头悬为水正  
  
942  
00:40:16,180 --> 00:40:18,140  
这个是是是错不了的啊  
  
943  
00:40:18,620 --> 00:40:19,900  
那么只是印证了一下啊  
  
944  
00:40:19,900 --> 00:40:20,460  
印证了一下  
  
945  
00:40:20,700 --> 00:40:22,900  
但是水气遇扬这四个字  
  
946  
00:40:24,040 --> 00:40:24,880  
我总觉得啊  
  
947  
00:40:24,880 --> 00:40:28,320  
就是葵子茯苓散的病机，明白了吗  
  
948  
00:40:28,800 --> 00:40:29,000  
哎  
  
949  
00:40:29,120 --> 00:40:31,040  
玉是碧玉的玉啊  
  
950  
00:40:31,120 --> 00:40:32,000  
水气郁阳  
  
951  
00:40:33,700 --> 00:40:36,180  
因此这个东西就很有意思了啊  
  
952  
00:40:39,180 --> 00:40:43,260  
我们说张延安先生讲了一句话叫魁杏向日  
  
953  
00:40:43,660 --> 00:40:44,500  
岂止华丽  
  
954  
00:40:47,160 --> 00:40:50,960  
那么你向日啊，他则能感通阳气对吧  
  
955  
00:40:51,280 --> 00:40:52,160  
感通阳气呢  
  
956  
00:40:52,360 --> 00:40:54,080  
他则善于行心气  
  
957  
00:40:54,750 --> 00:40:58,870  
加之这个子类它本身其体就滑润滑润  
  
958  
00:40:58,910 --> 00:41:01,070  
它本身就容易滑泄水泄  
  
959  
00:41:04,260 --> 00:41:05,660  
呃，延安先生啊  
  
960  
00:41:05,660 --> 00:41:06,300  
他又说了一句话  
  
961  
00:41:06,300 --> 00:41:10,260  
叫叫茯苓捣火土之气，以制服其水气  
  
962  
00:41:10,740 --> 00:41:13,820  
火土另行，水无有不散矣啊  
  
963  
00:41:14,420 --> 00:41:16,540  
那么他是从这个角度去讲  
  
964  
00:41:17,660 --> 00:41:17,940  
呃  
  
965  
00:41:19,500 --> 00:41:20,380  
其实我们知道  
  
966  
00:41:21,540 --> 00:41:23,100  
这个胎儿啊  
  
967  
00:41:23,100 --> 00:41:23,980  
没有阳气  
  
968  
00:41:25,740 --> 00:41:27,580  
无羊怎么能养胎呢  
  
969  
00:41:27,580 --> 00:41:27,860  
对吧  
  
970  
00:41:27,900 --> 00:41:28,620  
一个是阳气  
  
971  
00:41:28,620 --> 00:41:30,700  
另外一个是血啊  
  
972  
00:41:30,900 --> 00:41:32,260  
一个是阳气，一个是血  
  
973  
00:41:33,650 --> 00:41:36,690  
呃，那么很容易就出现各种水气之病  
  
974  
00:41:36,810 --> 00:41:40,710  
再加之人本身又有生理之阳水  
  
975  
00:41:41,190 --> 00:41:43,470  
它本身就有行水这个这个通道  
  
976  
00:41:43,870 --> 00:41:45,590  
那么本身就有生理的地方  
  
977  
00:41:45,590 --> 00:41:46,910  
往往容易产生病理  
  
978  
00:41:47,620 --> 00:41:49,100  
这个非常奥妙啊  
  
979  
00:41:49,580 --> 00:41:50,340  
非常奥妙  
  
980  
00:41:50,900 --> 00:41:55,090  
往往生理功能就干什么  
  
981  
00:41:55,090 --> 00:42:00,040  
生理功能的它往往会产生过一点就变病理  
  
982  
00:42:00,240 --> 00:42:00,760  
咱明白了  
  
983  
00:42:00,760 --> 00:42:04,240  
没有，社会中间的百态也是这样  
  
984  
00:42:04,680 --> 00:42:05,920  
某一个职能部门  
  
985  
00:42:06,770 --> 00:42:11,250  
他如果在那个职能部门去犯罪，则会很容易  
  
986  
00:42:11,550 --> 00:42:13,070  
而且你不容易检查  
  
987  
00:42:13,390 --> 00:42:14,470  
咱们说是这个道理吧  
  
988  
00:42:14,790 --> 00:42:19,430  
就是生理再稍稍偏一点就变成病理啊  
  
989  
00:42:19,830 --> 00:42:22,230  
那么无论是自然还是人世  
  
990  
00:42:22,310 --> 00:42:23,950  
无论是大道啊  
  
991  
00:42:23,950 --> 00:42:27,060  
还是所谓的这个这个这个，我们说  
  
992  
00:42:27,460 --> 00:42:31,550  
呃伦常之道，那么莫过于此啊  
  
993  
00:42:31,670 --> 00:42:32,310  
莫过于此  
  
994  
00:42:32,630 --> 00:42:33,230  
因此呢  
  
995  
00:42:33,230 --> 00:42:38,030  
这个你怎么去顺乎这个他的性，去把他扭过来  
  
996  
00:42:38,750 --> 00:42:40,310  
借助葵子向日之性  
  
997  
00:42:40,550 --> 00:42:44,250  
那么调动心气来华丽其水邪  
  
998  
00:42:44,850 --> 00:42:49,570  
再加之用茯苓哎，用火土之气去治水  
  
999  
00:42:51,240 --> 00:42:52,760  
同时还有一个妙用啊  
  
1000  
00:42:52,760 --> 00:42:54,560  
还有一个妙用魁子呢  
  
1001  
00:42:54,680 --> 00:42:55,760  
他通利珠窍  
  
1002  
00:42:57,040 --> 00:42:59,080  
那么就有一个反面的东西  
  
1003  
00:42:59,080 --> 00:43:00,800  
这个我就给大家解释一下啊  
  
1004  
00:43:01,930 --> 00:43:04,610  
咱们这个也是一个呃  
  
1005  
00:43:04,890 --> 00:43:07,210  
近年来的一个悬案，就是葵子茯苓丸  
  
1006  
00:43:07,690 --> 00:43:08,690  
葵子茯苓散啊  
  
1007  
00:43:09,450 --> 00:43:10,530  
冬葵子能滑胎  
  
1008  
00:43:11,010 --> 00:43:13,730  
但是孕妇到底能不能用在这我解释一下  
  
1009  
00:43:13,730 --> 00:43:13,890  
哎  
  
1010  
00:43:13,930 --> 00:43:15,330  
但是我要前提说啊  
  
1011  
00:43:15,730 --> 00:43:17,210  
仅是学术层面讨论  
  
1012  
00:43:18,270 --> 00:43:19,230  
明白啥意思了没有  
  
1013  
00:43:19,670 --> 00:43:21,150  
仅是学术层面讨论啊  
  
1014  
00:43:21,190 --> 00:43:22,390  
我在这我注明了  
  
1015  
00:43:22,390 --> 00:43:27,080  
你可千万别拿那个事儿拿拿拿这个要点来跟我说事  
  
1016  
00:43:27,080 --> 00:43:29,120  
儿概不负责  
  
1017  
00:43:29,470 --> 00:43:31,830  
你要找你找金匮要略去啊  
  
1018  
00:43:31,990 --> 00:43:33,630  
我这讲究要略里原文  
  
1019  
00:43:34,030 --> 00:43:35,790  
人家这块告诉你  
  
1020  
00:43:36,040 --> 00:43:38,720  
我只是从理论层面给你解释一下  
  
1021  
00:43:39,690 --> 00:43:43,130  
魁子如果单独用确实有滑胎之余  
  
1022  
00:43:43,170 --> 00:43:43,570  
为什么  
  
1023  
00:43:43,570 --> 00:43:45,130  
因为他性质华丽  
  
1024  
00:43:45,290 --> 00:43:46,130  
咱们刚才说了吧  
  
1025  
00:43:46,610 --> 00:43:48,090  
但是你不要忘了  
  
1026  
00:43:49,310 --> 00:43:54,190  
在这儿就有一个事，得弗陵之助  
  
1027  
00:43:55,330 --> 00:43:56,490  
君臣佐使对吧  
  
1028  
00:43:56,970 --> 00:43:59,930  
哎，得弗陵之之臣使  
  
1029  
00:44:01,090 --> 00:44:02,690  
那么则会怎么样呢  
  
1030  
00:44:02,810 --> 00:44:05,290  
你看茯苓他专走气氛  
  
1031  
00:44:05,690 --> 00:44:10,130  
那么葵子相对来说滑走血分则能动太极  
  
1032  
00:44:10,690 --> 00:44:13,610  
加上茯苓则导其走气氛  
  
1033  
00:44:14,200 --> 00:44:17,160  
走气氛之后使水从气氛而去  
  
1034  
00:44:19,600 --> 00:44:20,920  
那么胎儿就没事了  
  
1035  
00:44:21,440 --> 00:44:23,240  
所以看配伍知道吗  
  
1036  
00:44:23,610 --> 00:44:23,810  
哎  
  
1037  
00:44:23,850 --> 00:44:27,610  
绝对是看配偶在这就是考验临证了啊  
  
1038  
00:44:28,170 --> 00:44:31,690  
因此能不能用在这我为仲景先师发声  
  
1039  
00:44:32,460 --> 00:44:32,660  
呃  
  
1040  
00:44:32,660 --> 00:44:35,020  
这话我可能是有点说大了啊，呃  
  
1041  
00:44:35,060 --> 00:44:35,940  
轮不到我发声  
  
1042  
00:44:36,460 --> 00:44:40,190  
但是我是一个发自内心的为古人这个东西  
  
1043  
00:44:40,230 --> 00:44:41,870  
证明他绝对是能用  
  
1044  
00:44:42,390 --> 00:44:44,790  
但是看配伍，看技巧啊  
  
1045  
00:44:45,150 --> 00:44:47,750  
而且原文你看它是怎么用  
  
1046  
00:44:47,950 --> 00:44:50,280  
它是散记，不是躺剂  
  
1047  
00:44:50,280 --> 00:44:51,080  
看到没有散剂  
  
1048  
00:44:51,080 --> 00:44:54,000  
它这个这个量啊，相对来说比比较少  
  
1049  
00:44:54,720 --> 00:44:55,840  
他只是方寸壁  
  
1050  
00:44:56,480 --> 00:44:59,560  
方寸毕之后呢，日三服多次小便利机遇啊  
  
1051  
00:44:59,880 --> 00:45:01,160  
就这么一个一个汤  
  
1052  
00:45:01,540 --> 00:45:01,740  
呃  
  
1053  
00:45:01,780 --> 00:45:02,620  
同时这个汤呢  
  
1054  
00:45:02,620 --> 00:45:06,700  
我们也可以大量地应用于临床中的各种小便，不利之症啊  
  
1055  
00:45:08,830 --> 00:45:11,840  
呃，后头再往后啊  
  
1056  
00:45:12,640 --> 00:45:13,560  
有两张方  
  
1057  
00:45:13,640 --> 00:45:14,920  
这两张方说完啊  
  
1058  
00:45:14,920 --> 00:45:16,400  
咱们这堂课就结束了  
  
1059  
00:45:16,640 --> 00:45:16,840  
呃  
  
1060  
00:45:16,840 --> 00:45:20,110  
这俩方呢，还非常有意思啊  
  
1061  
00:45:21,570 --> 00:45:22,610  
一张叫当归散  
  
1062  
00:45:22,730 --> 00:45:24,250  
一张叫白术散  
  
1063  
00:45:24,690 --> 00:45:27,330  
他俩我认为是一对啊  
  
1064  
00:45:27,650 --> 00:45:28,530  
为啥是一对呢  
  
1065  
00:45:28,530 --> 00:45:29,170  
我们看啊  
  
1066  
00:45:29,170 --> 00:45:29,810  
挨个看  
  
1067  
00:45:31,330 --> 00:45:33,450  
首先看这个当归散  
  
1068  
00:45:35,120 --> 00:45:38,040  
当归散仲景先师之论述非常的简练  
  
1069  
00:45:38,320 --> 00:45:40,040  
就说了这么几个字  
  
1070  
00:45:40,440 --> 00:45:43,140  
富人人身亦常福哈，对吧  
  
1071  
00:45:44,060 --> 00:45:46,340  
就是怀孕了你就可以常服  
  
1072  
00:45:47,130 --> 00:45:49,250  
那么长伏之后呢，则怎么样呢  
  
1073  
00:45:49,250 --> 00:45:51,090  
人家说了有三大利好啊  
  
1074  
00:45:51,170 --> 00:45:52,330  
三大利好哪三大  
  
1075  
00:45:52,610 --> 00:45:54,320  
第一，即易产  
  
1076  
00:45:54,400 --> 00:45:57,400  
首先咱们说怎么胎儿能顺产  
  
1077  
00:45:57,480 --> 00:46:01,590  
是一个当代的大家都比较关注的一个话题  
  
1078  
00:46:02,350 --> 00:46:03,750  
别说古人没给  
  
1079  
00:46:03,750 --> 00:46:05,930  
咱们方法，给没给啊  
  
1080  
00:46:05,970 --> 00:46:08,250  
人家都写了，你不用你不看而已啊  
  
1081  
00:46:08,690 --> 00:46:11,590  
人家说了首先怎么能够顺产  
  
1082  
00:46:11,590 --> 00:46:13,270  
你就常服当归散对吧  
  
1083  
00:46:13,550 --> 00:46:14,510  
这是第一大利好  
  
1084  
00:46:14,630 --> 00:46:15,390  
第二大利好  
  
1085  
00:46:16,030 --> 00:46:17,670  
胎无苦极啥意思  
  
1086  
00:46:18,650 --> 00:46:24,260  
相对来说能最大限度地降低胎儿的致病率啊  
  
1087  
00:46:24,540 --> 00:46:25,820  
他包括这个  
  
1088  
00:46:26,060 --> 00:46:28,420  
甚至我们讲从现代临床角度讲，对吧  
  
1089  
00:46:28,740 --> 00:46:29,220  
胎儿  
  
1090  
00:46:29,940 --> 00:46:33,820  
他免于先天性的一些小儿疾病啊  
  
1091  
00:46:33,820 --> 00:46:36,460  
那为什么一会我们讲到那你就知道为啥了  
  
1092  
00:46:36,460 --> 00:46:38,060  
其实道理非常简单，第三  
  
1093  
00:46:39,710 --> 00:46:41,710  
产后百病息主治啊  
  
1094  
00:46:41,710 --> 00:46:42,790  
这个就有意思了啊  
  
1095  
00:46:43,110 --> 00:46:46,590  
就是产后不但产前顺产嘛，对吧  
  
1096  
00:46:47,060 --> 00:46:48,500  
然后产中胎儿没事  
  
1097  
00:46:48,500 --> 00:46:53,220  
儿产后你生完小孩好了，后遗症也会很少  
  
1098  
00:46:54,010 --> 00:46:58,350  
也不至于说是这个月子病啊，或者或者怎么样  
  
1099  
00:46:58,710 --> 00:47:01,470  
呃，落下毛病不容易  
  
1100  
00:47:01,830 --> 00:47:05,200  
那么是什么有这么大的底气呢  
  
1101  
00:47:05,240 --> 00:47:06,440  
那我们看这个方啊  
  
1102  
00:47:07,740 --> 00:47:10,420  
其实说出来非常简单啊  
  
1103  
00:47:10,460 --> 00:47:14,220  
同学们就四个字给大家说出来，你就懂了啊  
  
1104  
00:47:22,120 --> 00:47:23,560  
你就记住这四个字  
  
1105  
00:47:36,720 --> 00:47:39,120  
胎需血压  
  
1106  
00:47:42,460 --> 00:47:43,980  
胎儿需要用什么养啊  
  
1107  
00:47:44,940 --> 00:47:46,700  
用血液明白了吧  
  
1108  
00:47:47,750 --> 00:47:47,950  
哎  
  
1109  
00:47:48,230 --> 00:47:51,630  
胎虚血氧就这么四个字，你把它捋住  
  
1110  
00:47:51,790 --> 00:47:53,470  
那么当归散以及  
  
1111  
00:47:55,190 --> 00:47:56,910  
富人怀仁的精益  
  
1112  
00:47:57,150 --> 00:48:01,030  
那么基本上你也能思过半矣啊  
  
1113  
00:48:01,030 --> 00:48:02,150  
也能思过半矣  
  
1114  
00:48:03,590 --> 00:48:05,990  
那么这个方其实你看他  
  
1115  
00:48:06,510 --> 00:48:10,550  
基本上都是从这个这个角度来立论  
  
1116  
00:48:11,550 --> 00:48:14,050  
呃，元代赵翼德先生啊  
  
1117  
00:48:14,050 --> 00:48:15,890  
还是他相对来说论述由经  
  
1118  
00:48:15,970 --> 00:48:17,370  
我个人认为，呃  
  
1119  
00:48:17,450 --> 00:48:18,410  
赵先赵公呢  
  
1120  
00:48:18,410 --> 00:48:20,930  
这么讲叫兄归芍药呃  
  
1121  
00:48:21,910 --> 00:48:25,470  
胸琼芍药当归治安胎补血  
  
1122  
00:48:26,600 --> 00:48:31,240  
这个就是首先你看这个方一共五味药  
  
1123  
00:48:31,240 --> 00:48:31,640  
对吧  
  
1124  
00:48:32,610 --> 00:48:34,930  
三味药是是补血补血的对吧  
  
1125  
00:48:35,010 --> 00:48:36,130  
补血就能安胎啊  
  
1126  
00:48:36,130 --> 00:48:38,570  
补血就能养胎，白猪干什么  
  
1127  
00:48:38,570 --> 00:48:39,890  
白猪这个有意思了啊  
  
1128  
00:48:39,890 --> 00:48:43,560  
为什么要我要用这个引这个赵公之论  
  
1129  
00:48:43,600 --> 00:48:45,280  
因为他这段他非常精道  
  
1130  
00:48:45,800 --> 00:48:46,640  
赵公这么说  
  
1131  
00:48:47,730 --> 00:48:48,890  
白猪有三个作用  
  
1132  
00:48:48,930 --> 00:48:49,890  
第一，能异味  
  
1133  
00:48:51,360 --> 00:48:53,520  
那胃为气血之化缘啊啊  
  
1134  
00:48:53,720 --> 00:48:55,080  
这个这个是非常重要  
  
1135  
00:48:55,080 --> 00:48:56,920  
第二，胎系于肾  
  
1136  
00:48:57,510 --> 00:48:58,110  
肾勿湿  
  
1137  
00:48:58,830 --> 00:49:00,550  
唯其能燥湿而生津  
  
1138  
00:49:01,030 --> 00:49:03,110  
那么胎儿啊，系于肾  
  
1139  
00:49:03,830 --> 00:49:05,910  
如果湿气太太重  
  
1140  
00:49:07,020 --> 00:49:09,660  
相对来说人体负担过重  
  
1141  
00:49:09,980 --> 00:49:11,660  
那么胎儿的负担就重了吧  
  
1142  
00:49:12,020 --> 00:49:14,140  
那么则容易产生诸多灾变  
  
1143  
00:49:15,400 --> 00:49:16,440  
因此我们说  
  
1144  
00:49:18,920 --> 00:49:22,720  
肾病的患者，你看很多容易就产生水湿之蓄积对吧  
  
1145  
00:49:23,200 --> 00:49:27,450  
甚至你从理化常规检查上肌肝升高啊  
  
1146  
00:49:27,450 --> 00:49:28,410  
尿素氮升高  
  
1147  
00:49:28,410 --> 00:49:30,810  
其实水液之代谢它就产生了负担  
  
1148  
00:49:31,690 --> 00:49:34,850  
那么我们说怀胎之妇女  
  
1149  
00:49:35,940 --> 00:49:37,860  
虽然跟肾病不是一回事  
  
1150  
00:49:37,860 --> 00:49:39,820  
但是我们换言之  
  
1151  
00:49:41,140 --> 00:49:43,140  
揣个小孩，那本身啊  
  
1152  
00:49:43,140 --> 00:49:46,590  
如果是他的肾的能力本来就偏弱  
  
1153  
00:49:46,990 --> 00:49:48,750  
那么这个时候负担一定会加重  
  
1154  
00:49:49,270 --> 00:49:50,350  
负担加重之后  
  
1155  
00:49:51,690 --> 00:49:54,690  
那么则以白猪怎么办啊，去造师  
  
1156  
00:49:56,390 --> 00:49:58,870  
这个就是此其一也其二啊  
  
1157  
00:49:58,870 --> 00:50:02,070  
我个人认为还有一件事大家也要引起注意  
  
1158  
00:50:02,940 --> 00:50:06,060  
很多妇女可能都不懂怀孕之后玩命吃水果吧  
  
1159  
00:50:06,980 --> 00:50:08,780  
甚者有吃冷饮  
  
1160  
00:50:10,040 --> 00:50:13,120  
那么这个就是自己找没劲的  
  
1161  
00:50:13,120 --> 00:50:14,200  
我讲这个道理  
  
1162  
00:50:14,400 --> 00:50:15,640  
那么一定会柱石  
  
1163  
00:50:15,760 --> 00:50:18,600  
柱石之后胎儿的力量就不够了吧  
  
1164  
00:50:18,600 --> 00:50:18,960  
是不是  
  
1165  
00:50:19,040 --> 00:50:19,240  
哎  
  
1166  
00:50:19,240 --> 00:50:22,610  
胎儿之阳气，那么就会相对来说就就比较虚弱啊  
  
1167  
00:50:23,210 --> 00:50:24,410  
所以这个大家要注意  
  
1168  
00:50:24,880 --> 00:50:25,080  
呃  
  
1169  
00:50:25,160 --> 00:50:27,080  
赵公之论游景，我认为啊  
  
1170  
00:50:27,120 --> 00:50:28,320  
他又总结了第三点  
  
1171  
00:50:28,320 --> 00:50:30,440  
认为白猪他把白朱这段论的特别好  
  
1172  
00:50:30,440 --> 00:50:31,600  
第三点又说一个事  
  
1173  
00:50:31,910 --> 00:50:34,510  
可治中焦所化之心血，啥意思啊  
  
1174  
00:50:35,030 --> 00:50:38,090  
那么其实这个跟易胃的差不多  
  
1175  
00:50:38,290 --> 00:50:39,570  
意为气血之化缘嘛  
  
1176  
00:50:39,890 --> 00:50:43,690  
那么气血化源足了之后就能治心血  
  
1177  
00:50:43,970 --> 00:50:48,410  
治心血则就血，是不是就能循环啊  
  
1178  
00:50:48,930 --> 00:50:50,010  
血就能转起来  
  
1179  
00:50:50,570 --> 00:50:53,610  
则去腰旗，兼之沉郁  
  
1180  
00:50:54,040 --> 00:50:56,280  
我们都知道白猪去腰肌间血  
  
1181  
00:50:56,280 --> 00:50:57,400  
其实这话谁说的  
  
1182  
00:50:57,400 --> 00:50:58,960  
赵以德说的，我告诉你啊  
  
1183  
00:50:58,960 --> 00:51:01,560  
人家说最早去腰七间血  
  
1184  
00:51:02,540 --> 00:51:03,780  
后世，呃  
  
1185  
00:51:04,260 --> 00:51:06,660  
我们说傅青主  
  
1186  
00:51:07,960 --> 00:51:08,160  
呃  
  
1187  
00:51:08,320 --> 00:51:10,200  
弟子，陈世铎先生经常讲吧  
  
1188  
00:51:10,520 --> 00:51:12,320  
但你得知道这这东西从哪来的啊  
  
1189  
00:51:12,320 --> 00:51:13,800  
他他是有出处的  
  
1190  
00:51:14,640 --> 00:51:16,680  
我有的时候看这个伤寒金贵著述吧  
  
1191  
00:51:16,680 --> 00:51:18,520  
有时候看着看着我就乐啊  
  
1192  
00:51:18,520 --> 00:51:19,440  
不能点名啊  
  
1193  
00:51:19,440 --> 00:51:21,520  
不能点名，就有时候看着看着哎  
  
1194  
00:51:22,040 --> 00:51:24,220  
发现这个哎  
  
1195  
00:51:24,260 --> 00:51:27,300  
某位一家大段话呀  
  
1196  
00:51:27,580 --> 00:51:31,200  
跟他100年前的一家一模一样  
  
1197  
00:51:31,200 --> 00:51:32,160  
一个字都没改  
  
1198  
00:51:32,610 --> 00:51:34,730  
我一看他也没要版面费是吧  
  
1199  
00:51:34,770 --> 00:51:37,250  
你看这个就摘抄，他也没说出处  
  
1200  
00:51:37,610 --> 00:51:39,410  
但是古人对这个版权的事吧  
  
1201  
00:51:39,410 --> 00:51:41,530  
他可能他不太讲究啊  
  
1202  
00:51:41,860 --> 00:51:43,860  
但这个东西反正都是治病救人的嘛  
  
1203  
00:51:43,860 --> 00:51:48,820  
那你能，那你说哪本书它不是前人的东西的传承的  
  
1204  
00:51:48,820 --> 00:51:52,040  
那你要说到这，其实我也一直没交版权费啊  
  
1205  
00:51:52,200 --> 00:51:54,040  
那我说这些不都神农本草经  
  
1206  
00:51:54,550 --> 00:51:56,830  
内经伤寒论金匮要略从从这里头来的嘛  
  
1207  
00:51:56,830 --> 00:51:57,230  
对吧  
  
1208  
00:51:57,870 --> 00:51:59,670  
所以这个没有别的意思啊  
  
1209  
00:51:59,670 --> 00:52:02,590  
只是说有的时候你你看一些东西  
  
1210  
00:52:02,590 --> 00:52:05,750  
我建议历代的东西有的时候你要对比着看  
  
1211  
00:52:05,910 --> 00:52:10,790  
对比着看，你能知道它中间的传承有序以及传承的次地脉络  
  
1212  
00:52:11,030 --> 00:52:12,430  
你知道是从哪来的啊  
  
1213  
00:52:12,600 --> 00:52:14,520  
这个很很有意思啊你  
  
1214  
00:52:14,520 --> 00:52:19,080  
你才能完整的把某些学术观点把它理清楚啊  
  
1215  
00:52:20,480 --> 00:52:21,440  
呃，黄琴呢  
  
1216  
00:52:21,440 --> 00:52:22,800  
这个也很有意思，黄琴  
  
1217  
00:52:24,500 --> 00:52:27,900  
我认为他的论述也特别的，就拍案叫绝啊  
  
1218  
00:52:27,900 --> 00:52:31,420  
他讲这么一句话，简壮火而返于少火  
  
1219  
00:52:32,250 --> 00:52:33,450  
少火则可以生气  
  
1220  
00:52:34,450 --> 00:52:35,050  
太棒了  
  
1221  
00:52:35,050 --> 00:52:36,210  
这个论述太棒了  
  
1222  
00:52:37,840 --> 00:52:39,360  
用我的话可能更简单  
  
1223  
00:52:39,960 --> 00:52:42,600  
叫什么转撞火为烧火  
  
1224  
00:52:44,320 --> 00:52:45,520  
壮火食气  
  
1225  
00:52:47,260 --> 00:52:47,780  
对不对啊  
  
1226  
00:52:49,340 --> 00:52:50,020  
烧火呢  
  
1227  
00:52:53,460 --> 00:52:54,820  
转化呀同学们  
  
1228  
00:52:56,980 --> 00:53:00,460  
那你说怀孕妇女她就是想吃凉的  
  
1229  
00:53:00,900 --> 00:53:02,300  
为什么虚火上来了吧  
  
1230  
00:53:03,220 --> 00:53:04,020  
虚火上来了吧  
  
1231  
00:53:04,020 --> 00:53:06,590  
我们讲胎前忌热是不是啊  
  
1232  
00:53:07,150 --> 00:53:07,350  
哎  
  
1233  
00:53:07,430 --> 00:53:08,190  
虚火一上来  
  
1234  
00:53:08,190 --> 00:53:11,310  
那你说呃，你不给他虚火去掉吧  
  
1235  
00:53:11,310 --> 00:53:11,830  
还不行  
  
1236  
00:53:13,020 --> 00:53:14,420  
去狠了还不行，去狠了  
  
1237  
00:53:14,420 --> 00:53:15,340  
他阳不足啊  
  
1238  
00:53:15,380 --> 00:53:20,270  
或者胎儿又又又这点阳气又不够用，所以怎么办  
  
1239  
00:53:20,470 --> 00:53:22,710  
黄芪之妙用在于啊  
  
1240  
00:53:22,750 --> 00:53:24,190  
黄琴啊，黄芪之妙用  
  
1241  
00:53:24,670 --> 00:53:25,910  
黄芪本身就中空嘛  
  
1242  
00:53:26,150 --> 00:53:26,910  
黄裳中空嘛  
  
1243  
00:53:26,950 --> 00:53:28,630  
中空则能容物啊  
  
1244  
00:53:28,960 --> 00:53:30,720  
同学们，中空则能容物  
  
1245  
00:53:31,800 --> 00:53:36,430  
那么转撞火为什么为烧火  
  
1246  
00:53:38,850 --> 00:53:41,600  
因此呢，单膝宫啊  
  
1247  
00:53:41,920 --> 00:53:45,200  
在丹心心法产前篇，他说这么一句话  
  
1248  
00:53:45,680 --> 00:53:49,800  
照产前安胎，白猪黄芹为妙药也  
  
1249  
00:53:51,250 --> 00:53:52,690  
这是诸公的原话  
  
1250  
00:53:53,450 --> 00:53:56,170  
后世医家多寻此先例  
  
1251  
00:53:57,050 --> 00:54:03,830  
在临床中常以白术、黄芪为治疗这个怀仁之中啊  
  
1252  
00:54:03,870 --> 00:54:04,750  
就是怀胎  
  
1253  
00:54:04,870 --> 00:54:08,430  
怀胎之中，呃之常用药  
  
1254  
00:54:09,140 --> 00:54:10,140  
那么这个观点呢  
  
1255  
00:54:10,660 --> 00:54:12,940  
多数医家认为是出自于单西  
  
1256  
00:54:13,440 --> 00:54:16,120  
其实你如果细读金匮要略  
  
1257  
00:54:16,360 --> 00:54:18,240  
你会发现观点时  
  
1258  
00:54:18,440 --> 00:54:22,930  
出于金匮、妇人三篇人参之中的当归散  
  
1259  
00:54:23,240 --> 00:54:24,000  
看到了没有  
  
1260  
00:54:24,240 --> 00:54:24,480  
哎  
  
1261  
00:54:24,480 --> 00:54:25,240  
还是那句话  
  
1262  
00:54:25,240 --> 00:54:29,520  
我的老师钱超尘先生说的那句话未免俗如虚度时  
  
1263  
00:54:30,480 --> 00:54:31,680  
还是得往根上刨  
  
1264  
00:54:31,880 --> 00:54:32,360  
知道吗  
  
1265  
00:54:32,560 --> 00:54:35,840  
啊，这很有意思啊  
  
1266  
00:54:36,120 --> 00:54:38,080  
那么关于当归散呢  
  
1267  
00:54:38,320 --> 00:54:39,920  
彭子益先生也有话说  
  
1268  
00:54:40,780 --> 00:54:44,620  
他又说了一句话，叫胎要以土木为主  
  
1269  
00:54:46,150 --> 00:54:48,590  
看见了没有人之前也说过一句话吧  
  
1270  
00:54:48,950 --> 00:54:50,830  
还记不记得之前咋说的呀  
  
1271  
00:54:52,070 --> 00:54:52,910  
有印象吗  
  
1272  
00:54:56,260 --> 00:54:59,420  
这种并不是真正独特气息  
  
1273  
00:54:59,780 --> 00:55:00,700  
你看哎  
  
1274  
00:55:02,350 --> 00:55:04,950  
之前叫土木兼医妇科要绝吧  
  
1275  
00:55:05,470 --> 00:55:05,670  
哎  
  
1276  
00:55:05,670 --> 00:55:08,150  
妇人之病多在土木而起，呃  
  
1277  
00:55:09,120 --> 00:55:13,680  
彭先生也是当年力挽狂澜的一位医家啊  
  
1278  
00:55:15,610 --> 00:55:17,690  
非常有这个呃  
  
1279  
00:55:18,450 --> 00:55:20,890  
我每每读圆运动的古中医学啊  
  
1280  
00:55:21,290 --> 00:55:24,420  
胃肠不钦佩其才秀也啊  
  
1281  
00:55:25,100 --> 00:55:25,300  
呃  
  
1282  
00:55:25,460 --> 00:55:27,660  
彭公，他抓住了这个问题的眼目  
  
1283  
00:55:28,150 --> 00:55:31,110  
告诉你胎要以土木为主啊  
  
1284  
00:55:31,590 --> 00:55:32,670  
抓住核心的矛盾  
  
1285  
00:55:32,910 --> 00:55:34,310  
因此我还是那句话  
  
1286  
00:55:34,980 --> 00:55:38,140  
变治伤寒，当以六经为立角  
  
1287  
00:55:39,360 --> 00:55:40,160  
治疗杂病  
  
1288  
00:55:40,240 --> 00:55:40,960  
治疗内伤  
  
1289  
00:55:42,370 --> 00:55:46,450  
则要以官窍为眼目啊  
  
1290  
00:55:47,110 --> 00:55:48,590  
那么你要抓住他  
  
1291  
00:55:48,590 --> 00:55:52,230  
这种六经是我们讲叫六经本易经吧  
  
1292  
00:55:52,670 --> 00:55:54,940  
哎，这这个六七本一气  
  
1293  
00:55:54,940 --> 00:55:56,340  
但是你分出六经之后  
  
1294  
00:55:56,880 --> 00:55:58,920  
六经前百病，你甭管他啥症状  
  
1295  
00:55:58,920 --> 00:56:00,640  
只要你放到少阳上  
  
1296  
00:56:00,640 --> 00:56:01,400  
少阳枢机不利  
  
1297  
00:56:01,400 --> 00:56:03,320  
有有有有相火相火太过了  
  
1298  
00:56:03,650 --> 00:56:04,970  
你就黄金汤就可以用了  
  
1299  
00:56:04,970 --> 00:56:05,850  
咱打个比方啊  
  
1300  
00:56:06,250 --> 00:56:08,690  
它里头又有舒吉不利，里头又有寒  
  
1301  
00:56:09,380 --> 00:56:11,300  
你柴桂干姜汤就可以了吧  
  
1302  
00:56:11,740 --> 00:56:13,580  
有水饮的没水饮的你都行啊  
  
1303  
00:56:14,640 --> 00:56:16,840  
但是金桂就不一样  
  
1304  
00:56:16,960 --> 00:56:20,480  
金贵呢则是守株官窍，守官窍啥意思啊  
  
1305  
00:56:21,380 --> 00:56:23,460  
你伤寒可以异病同治  
  
1306  
00:56:24,100 --> 00:56:25,620  
金贵则要同病异治  
  
1307  
00:56:26,100 --> 00:56:28,620  
可能同一个病，你不同的官窍出问题  
  
1308  
00:56:28,740 --> 00:56:31,860  
我不同的官窍有不同的手法啊  
  
1309  
00:56:32,570 --> 00:56:34,930  
你要抓住它的跳药，哎  
  
1310  
00:56:34,930 --> 00:56:39,810  
那么人参之窍药，我们说常以木土为眼目啊  
  
1311  
00:56:39,810 --> 00:56:40,930  
从这个角度入手  
  
1312  
00:56:42,960 --> 00:56:44,360  
方可执其牛耳啊  
  
1313  
00:56:47,240 --> 00:56:47,520  
好  
  
1314  
00:56:47,520 --> 00:56:48,680  
我们接着往后看  
  
1315  
00:56:52,180 --> 00:56:53,740  
下头又出了一个养胎方啊  
  
1316  
00:56:53,780 --> 00:56:56,020  
叫人参养胎，白术散主治  
  
1317  
00:56:56,540 --> 00:56:59,060  
所以这两张方吧，给后人后世一家吧  
  
1318  
00:56:59,540 --> 00:57:01,900  
有的搞得有点乱说  
  
1319  
00:57:01,900 --> 00:57:04,660  
那养胎方算了  
  
1320  
00:57:04,660 --> 00:57:07,780  
我这个人参处方我还没学完呢  
  
1321  
00:57:07,780 --> 00:57:11,000  
那这个养胎方整俩看一看就过了  
  
1322  
00:57:11,040 --> 00:57:13,120  
因此很多医家非常可惜  
  
1323  
00:57:13,800 --> 00:57:17,370  
对这两张方棒不太重视  
  
1324  
00:57:17,450 --> 00:57:18,010  
明白了吗  
  
1325  
00:57:18,130 --> 00:57:18,330  
哎  
  
1326  
00:57:18,330 --> 00:57:19,890  
就是他的重视不够  
  
1327  
00:57:20,290 --> 00:57:21,250  
这是很可惜的  
  
1328  
00:57:21,570 --> 00:57:26,790  
实际上这两张方同时出现又非常的不矛盾  
  
1329  
00:57:27,270 --> 00:57:28,470  
一点都不违和啊  
  
1330  
00:57:28,910 --> 00:57:30,350  
我们可以这样去理解  
  
1331  
00:57:31,050 --> 00:57:34,730  
当归散和白术散二者之间的病机有所不同  
  
1332  
00:57:35,090 --> 00:57:37,210  
当归散重在湿热  
  
1333  
00:57:37,760 --> 00:57:40,480  
你可以把我食这段话可以可以有一个备注  
  
1334  
00:57:40,840 --> 00:57:42,200  
当归散在湿热  
  
1335  
00:57:42,560 --> 00:57:43,760  
而白术散在什么  
  
1336  
00:57:43,760 --> 00:57:44,480  
在寒湿  
  
1337  
00:57:48,160 --> 00:57:50,480  
当归散令胎易产  
  
1338  
00:57:53,200 --> 00:57:57,840  
白术散呢，令胎固而不坠  
  
1339  
00:58:14,580 --> 00:58:16,060  
这样的话你相对啊  
  
1340  
00:58:17,380 --> 00:58:24,520  
就会比较容易抓住他的翘药啊  
  
1341  
00:58:45,860 --> 00:58:49,500  
相对来说，你就比较容易的抓住他的窍  
  
1342  
00:58:49,500 --> 00:58:50,300  
要啊  
  
1343  
00:58:52,300 --> 00:58:55,420  
那我们看一下啊，呃  
  
1344  
00:58:57,800 --> 00:58:58,840  
黄杰希先生啊  
  
1345  
00:58:58,960 --> 00:59:00,000  
他说过一段话  
  
1346  
00:59:00,040 --> 00:59:03,060  
我认为深得散味啊  
  
1347  
00:59:03,220 --> 00:59:04,100  
他说这么一句话  
  
1348  
00:59:05,020 --> 00:59:06,340  
叫寒盛则地动  
  
1349  
00:59:06,460 --> 00:59:09,660  
湿盛则土崩，皆不可以生养万物  
  
1350  
00:59:10,440 --> 00:59:11,240  
其实中医啊  
  
1351  
00:59:11,560 --> 00:59:13,240  
法于阴阳和于术数  
  
1352  
00:59:13,980 --> 00:59:15,100  
我们说人法道  
  
1353  
00:59:15,300 --> 00:59:16,100  
人法地地法天  
  
1354  
00:59:16,100 --> 00:59:17,700  
天法道，道法自然啊  
  
1355  
00:59:18,180 --> 00:59:18,900  
自然之理  
  
1356  
00:59:18,900 --> 00:59:22,540  
那么在医理之中的这种说服力是最强的  
  
1357  
00:59:23,170 --> 00:59:24,090  
呃，中医呢  
  
1358  
00:59:24,130 --> 00:59:26,010  
有的时候我们说，啊  
  
1359  
00:59:26,610 --> 00:59:27,410  
它不是科学  
  
1360  
00:59:27,450 --> 00:59:29,130  
那中医你要不是科学，它是啥  
  
1361  
00:59:29,130 --> 00:59:30,050  
中医是自然  
  
1362  
00:59:31,360 --> 00:59:31,720  
自然  
  
1363  
00:59:32,120 --> 00:59:34,640  
我相信人类是自然，如呃  
  
1364  
00:59:34,640 --> 00:59:35,600  
人类之科学啊  
  
1365  
00:59:36,120 --> 00:59:39,410  
如果你要用它非要去理解自然  
  
1366  
00:59:39,890 --> 00:59:41,130  
还需要时间啊  
  
1367  
00:59:41,290 --> 00:59:43,210  
自然之道大意啊  
  
1368  
00:59:43,450 --> 00:59:45,210  
从这个角度，那就很简单  
  
1369  
00:59:45,850 --> 00:59:46,970  
太寒太湿  
  
1370  
00:59:47,880 --> 00:59:49,640  
那这个万物就不能生养  
  
1371  
00:59:50,000 --> 00:59:51,280  
这非常简单一个道理  
  
1372  
00:59:51,960 --> 00:59:57,330  
那么人神寒食重之妇女则必然胎气不长  
  
1373  
00:59:57,490 --> 00:59:57,810  
对吧  
  
1374  
00:59:58,210 --> 00:59:58,490  
哎  
  
1375  
00:59:59,930 --> 01:00:01,610  
所以怎么去养胎  
  
1376  
01:00:02,410 --> 01:00:03,850  
呃，历代医家呢  
  
1377  
01:00:03,850 --> 01:00:06,970  
对白术散的应用多有论述  
  
1378  
01:00:07,620 --> 01:00:08,460  
我个人吧  
  
1379  
01:00:08,540 --> 01:00:10,980  
反正是实话实说，呃  
  
1380  
01:00:11,020 --> 01:00:15,690  
关于这个条文，我认为关于这个方的拆解  
  
1381  
01:00:17,780 --> 01:00:20,220  
张尹安现实无出其右知道吗  
  
1382  
01:00:20,620 --> 01:00:22,380  
哎，尹安现实无出其右啊  
  
1383  
01:00:23,020 --> 01:00:23,220  
呃  
  
1384  
01:00:23,460 --> 01:00:25,860  
他这么讲的，我给你简单转述一下吧  
  
1385  
01:00:25,860 --> 01:00:27,260  
他是说太经典了啊  
  
1386  
01:00:28,260 --> 01:00:32,460  
养胎易培养坤土，而交济水火  
  
1387  
01:00:32,660 --> 01:00:33,540  
阴阳之气焉  
  
1388  
01:00:33,660 --> 01:00:38,100  
完事了完事了，到这就把所有道理都说完了啊  
  
1389  
01:00:40,000 --> 01:00:40,680  
E什么呢  
  
1390  
01:00:44,120 --> 01:00:45,240  
给我擦一下吧  
  
1391  
01:00:59,940 --> 01:01:00,700  
培养谁呢  
  
1392  
01:01:01,900 --> 01:01:04,820  
培养坤土交际  
  
1393  
01:01:06,300 --> 01:01:10,260  
心肾阴阳  
  
1394  
01:01:10,260 --> 01:01:11,740  
当然他又说一个气血  
  
1395  
01:01:13,010 --> 01:01:13,210  
呃  
  
1396  
01:01:13,410 --> 01:01:19,410  
我认为坤土和心肾阴阳就把这事说完了  
  
1397  
01:01:20,500 --> 01:01:22,820  
同学们就说完了  
  
1398  
01:01:23,700 --> 01:01:26,620  
我读到这段的时候拍案叫绝  
  
1399  
01:01:26,940 --> 01:01:28,780  
当时就是真的  
  
1400  
01:01:28,780 --> 01:01:29,500  
我就感觉  
  
1401  
01:01:31,080 --> 01:01:32,680  
哎呀延安现师啊  
  
1402  
01:01:33,320 --> 01:01:35,200  
太高了，太高了啊  
  
1403  
01:01:35,600 --> 01:01:37,920  
懂得自然懂啊  
  
1404  
01:01:38,000 --> 01:01:42,780  
懂得自然懂就完事了  
  
1405  
01:01:43,620 --> 01:01:45,020  
以至于后世一家呢  
  
1406  
01:01:45,540 --> 01:01:48,050  
对他的书著我也看了，呃  
  
1407  
01:01:48,250 --> 01:01:50,450  
但是看了之后呢，我就有点看不进去了啊  
  
1408  
01:01:50,450 --> 01:01:52,490  
其实我就觉得都没他说的好啊  
  
1409  
01:01:52,490 --> 01:01:53,530  
他说的太经典了  
  
1410  
01:01:53,730 --> 01:01:57,050  
把这所有核心东西都给他，给他理清楚了  
  
1411  
01:01:57,330 --> 01:02:00,990  
那么所谓讲到道法自然嘛  
  
1412  
01:02:00,990 --> 01:02:02,030  
我们还回到这个道理  
  
1413  
01:02:03,150 --> 01:02:03,790  
道生一  
  
1414  
01:02:04,990 --> 01:02:05,710  
一生二  
  
1415  
01:02:06,950 --> 01:02:07,870  
二生三  
  
1416  
01:02:08,940 --> 01:02:09,820  
非常简单啊  
  
1417  
01:02:10,060 --> 01:02:11,660  
混沌，对吧  
  
1418  
01:02:12,580 --> 01:02:16,430  
先天那么世称两仪，两仪呢  
  
1419  
01:02:17,080 --> 01:02:18,840  
它它还不是马上生四象啊  
  
1420  
01:02:18,840 --> 01:02:19,880  
他这里头就有事了  
  
1421  
01:02:20,360 --> 01:02:21,840  
我们说两仪为日月啊  
  
1422  
01:02:21,960 --> 01:02:22,720  
同学们对吧  
  
1423  
01:02:23,480 --> 01:02:24,760  
哎，日月呢  
  
1424  
01:02:25,850 --> 01:02:31,850  
这个这个怎么样去讲这个事啊  
  
1425  
01:02:37,980 --> 01:02:39,420  
从日月讲有点有点大  
  
1426  
01:02:39,580 --> 01:02:41,500  
我，我说一个非常简单的事吧  
  
1427  
01:02:42,140 --> 01:02:44,220  
从男女来说，男女就简单了对吧  
  
1428  
01:02:45,340 --> 01:02:46,300  
父和母  
  
1429  
01:02:47,990 --> 01:02:50,110  
相交合，则生子  
  
1430  
01:02:51,060 --> 01:02:52,180  
哎，这个比较简单吧  
  
1431  
01:02:52,860 --> 01:02:55,220  
生子在哪生，非常简单  
  
1432  
01:02:55,380 --> 01:02:59,930  
我们说这个有个说法叫黄呃  
  
1433  
01:03:00,250 --> 01:03:02,270  
黄庭是不是，诶  
  
1434  
01:03:02,270 --> 01:03:03,750  
叫婴儿差女啊  
  
1435  
01:03:03,750 --> 01:03:05,270  
我们讲这个道理，诶  
  
1436  
01:03:05,270 --> 01:03:09,110  
在在在哪在在黄庭，在这儿呃  
  
1437  
01:03:10,560 --> 01:03:11,760  
那么这个其实啊  
  
1438  
01:03:12,320 --> 01:03:15,360  
法于阴阳和于术数，中国的文化呀  
  
1439  
01:03:16,130 --> 01:03:20,330  
真的，他的根底我们说包括道家文化  
  
1440  
01:03:20,850 --> 01:03:22,490  
儒家啊  
  
1441  
01:03:22,770 --> 01:03:24,690  
包括外来的这个世家  
  
1442  
01:03:25,780 --> 01:03:28,460  
呃，其实有些东西最后都通  
  
1443  
01:03:28,940 --> 01:03:30,860  
包括一甲都没跑出去啊  
  
1444  
01:03:31,340 --> 01:03:32,860  
都在这里倒乘一，一生二  
  
1445  
01:03:32,860 --> 01:03:33,340  
二生三  
  
1446  
01:03:33,380 --> 01:03:37,160  
我说到这，我认为白术散就说完了啊  
  
1447  
01:03:37,240 --> 01:03:40,240  
懂我说啥的人你自己就就懂了啊  
  
1448  
01:03:40,240 --> 01:03:42,720  
但是毕竟还有好多同学没懂陈博听呢啊  
  
1449  
01:03:42,720 --> 01:03:43,800  
那我接着说说啊  
  
1450  
01:03:44,410 --> 01:03:45,210  
哎，接着说说  
  
1451  
01:03:46,170 --> 01:03:49,690  
那么这里头你看这几个药你就明白了，白猪干什么  
  
1452  
01:03:49,690 --> 01:03:51,090  
白猪在中间啊  
  
1453  
01:03:51,770 --> 01:03:52,810  
培植一个坤土  
  
1454  
01:03:54,160 --> 01:03:55,080  
明白这个道理了吧  
  
1455  
01:03:55,720 --> 01:03:55,920  
哎  
  
1456  
01:03:56,000 --> 01:03:57,960  
中间培植一个坤土  
  
1457  
01:03:59,600 --> 01:04:00,840  
培一个坤土之后呢  
  
1458  
01:04:01,680 --> 01:04:01,880  
呃  
  
1459  
01:04:02,160 --> 01:04:03,160  
那么有心有肾  
  
1460  
01:04:03,960 --> 01:04:08,660  
有心有肾这块就有有这个技巧了  
  
1461  
01:04:09,260 --> 01:04:10,260  
有什么技巧啊  
  
1462  
01:04:10,600 --> 01:04:12,760  
首先用鼠胶属胶的特点啊  
  
1463  
01:04:12,960 --> 01:04:15,320  
为心而开壳则能下心气，对吧  
  
1464  
01:04:15,680 --> 01:04:20,120  
你把它用它行心气以下焦心，心气就下来了吧  
  
1465  
01:04:20,920 --> 01:04:22,560  
牡蛎为月魄，对吧  
  
1466  
01:04:22,720 --> 01:04:24,120  
起阴气往哪走啊  
  
1467  
01:04:24,760 --> 01:04:26,950  
往上气，阴气上达  
  
1468  
01:04:27,630 --> 01:04:30,590  
心气下行，用肾气上达  
  
1469  
01:04:31,810 --> 01:04:33,290  
在哪个地方相相遇  
  
1470  
01:04:34,210 --> 01:04:38,510  
在中宫土卫那块  
  
1471  
01:04:38,510 --> 01:04:39,590  
白猪在那待着呢吧  
  
1472  
01:04:40,070 --> 01:04:41,870  
但是怕它中间又不通  
  
1473  
01:04:43,380 --> 01:04:46,900  
中宫土卫就怕他赌，所以要加穿胸  
  
1474  
01:04:48,150 --> 01:04:48,990  
川胸干什么呀  
  
1475  
01:04:49,110 --> 01:04:50,670  
通行上下吧，是不是啊  
  
1476  
01:04:51,150 --> 01:04:51,350  
哎  
  
1477  
01:04:51,390 --> 01:04:54,330  
交通心肾就干这个事完事了  
  
1478  
01:04:54,330 --> 01:04:55,130  
非常简单  
  
1479  
01:04:55,210 --> 01:04:55,650  
同学们  
  
1480  
01:04:55,650 --> 01:05:00,170  
所以白术散，你认为他只能治疗养胎吗  
  
1481  
01:05:01,320 --> 01:05:04,040  
这个方你要是把它用好了  
  
1482  
01:05:04,040 --> 01:05:04,920  
这方可大了  
  
1483  
01:05:04,920 --> 01:05:06,920  
我跟你讲，它不只是养胎啊  
  
1484  
01:05:08,680 --> 01:05:11,160  
你谁敢说自己就是你  
  
1485  
01:05:11,160 --> 01:05:14,400  
你你心气足，肾气也特别足  
  
1486  
01:05:14,400 --> 01:05:16,400  
心气交通非常畅通  
  
1487  
01:05:17,310 --> 01:05:21,470  
你想这玩意儿我都没法描述这个方法，它能治啥  
  
1488  
01:05:23,410 --> 01:05:28,530  
他效仿了我们讲天地化生  
  
1489  
01:05:29,090 --> 01:05:33,010  
就是所谓二生三这个东西啊  
  
1490  
01:05:33,850 --> 01:05:37,210  
这个旋即大灾经方，大灾众矢  
  
1491  
01:05:38,330 --> 01:05:38,610  
啊  
  
1492  
01:05:39,370 --> 01:05:41,370  
这个真的，我看了这个账放之后  
  
1493  
01:05:42,430 --> 01:05:42,750  
哎呀  
  
1494  
01:05:42,750 --> 01:05:45,350  
五体投地就是这个中国古代的这个  
  
1495  
01:05:45,350 --> 01:05:47,350  
这个艺术了不得了不得啊  
  
1496  
01:05:47,670 --> 01:05:49,950  
中国之文化大地在于道啊  
  
1497  
01:05:51,310 --> 01:05:52,430  
真的是五体投地  
  
1498  
01:05:53,430 --> 01:05:55,990  
呃，那么所以这个就非常简单啊  
  
1499  
01:05:57,080 --> 01:05:57,800  
关于这个呢  
  
1500  
01:05:57,800 --> 01:05:59,080  
延安先是有一些补充  
  
1501  
01:05:59,080 --> 01:06:00,840  
比如他告诉你一些道理  
  
1502  
01:06:00,840 --> 01:06:01,720  
他怕你听不懂  
  
1503  
01:06:02,040 --> 01:06:03,000  
他还说了一些事  
  
1504  
01:06:03,620 --> 01:06:06,420  
土积厚而水火交，非常简单  
  
1505  
01:06:06,420 --> 01:06:07,100  
你没有土  
  
1506  
01:06:08,100 --> 01:06:09,180  
你没有这个中宫  
  
1507  
01:06:10,790 --> 01:06:11,790  
你怎么相见啊  
  
1508  
01:06:11,790 --> 01:06:12,190  
是吧  
  
1509  
01:06:12,430 --> 01:06:13,310  
是这个道理吧  
  
1510  
01:06:14,440 --> 01:06:18,240  
呃，阴阳合则气血转啊  
  
1511  
01:06:18,360 --> 01:06:19,560  
那么阴阳合则气血转  
  
1512  
01:06:19,960 --> 01:06:20,800  
生养之道  
  
1513  
01:06:21,800 --> 01:06:22,960  
莫外乎此也  
  
1514  
01:06:23,990 --> 01:06:24,590  
孟子曰  
  
1515  
01:06:24,750 --> 01:06:27,750  
吾善养吾浩然之气啊  
  
1516  
01:06:27,790 --> 01:06:29,190  
无善养吾浩然之气  
  
1517  
01:06:29,470 --> 01:06:30,430  
其实这个里头啊  
  
1518  
01:06:30,430 --> 01:06:33,550  
儒家跟道家他讲一些东西都差不多  
  
1519  
01:06:33,830 --> 01:06:35,310  
当然这刚才我说的那道理  
  
1520  
01:06:35,310 --> 01:06:36,670  
我首先要说澄清一下  
  
1521  
01:06:36,710 --> 01:06:38,310  
他肯定是道家的东西，对吧  
  
1522  
01:06:38,470 --> 01:06:39,590  
肯定是道家的东西啊  
  
1523  
01:06:41,040 --> 01:06:42,680  
呃，所谓这个  
  
1524  
01:06:43,600 --> 01:06:43,880  
哎  
  
1525  
01:06:46,140 --> 01:06:49,300  
那么后头讲的叫胎禀  
  
1526  
01:06:49,660 --> 01:06:51,660  
先天水火之气而生  
  
1527  
01:06:53,190 --> 01:06:57,670  
故意交际其水货啊  
  
1528  
01:06:59,060 --> 01:07:00,100  
我读到这句话呀  
  
1529  
01:07:00,260 --> 01:07:02,480  
如饮醇酒，就这块  
  
1530  
01:07:02,480 --> 01:07:04,160  
我讲到这我有点不会讲了  
  
1531  
01:07:04,160 --> 01:07:06,240  
你看我别的地方有可能来了  
  
1532  
01:07:06,240 --> 01:07:07,600  
咱侃侃而谈，张口就来  
  
1533  
01:07:07,800 --> 01:07:09,560  
讲到这儿我就是古人  
  
1534  
01:07:09,560 --> 01:07:11,640  
这种东西就是我觉得讲的太好了  
  
1535  
01:07:11,760 --> 01:07:12,400  
讲的太好了  
  
1536  
01:07:12,400 --> 01:07:14,160  
我只能给你分享转述啊  
  
1537  
01:07:14,640 --> 01:07:17,600  
分享转述，因此说讲几个事  
  
1538  
01:07:18,580 --> 01:07:21,340  
呃，你看古人对于生命的认知  
  
1539  
01:07:22,920 --> 01:07:24,320  
医家也好，道家也好  
  
1540  
01:07:24,320 --> 01:07:25,200  
比如说道家  
  
1541  
01:07:25,280 --> 01:07:28,360  
他所追求的境界，我们讲叫追求的境界啊  
  
1542  
01:07:29,360 --> 01:07:32,740  
叫这个圣人法天则地  
  
1543  
01:07:33,420 --> 01:07:35,060  
那么就是法于天地  
  
1544  
01:07:36,360 --> 01:07:37,680  
再造乾坤，对吧  
  
1545  
01:07:38,280 --> 01:07:40,840  
那么你得仿照谁来仿照天地嘛  
  
1546  
01:07:41,600 --> 01:07:42,040  
医家  
  
1547  
01:07:42,240 --> 01:07:44,240  
我们说治疗人体之疾病  
  
1548  
01:07:45,050 --> 01:07:46,250  
其实也是一个仿生  
  
1549  
01:07:47,370 --> 01:07:48,810  
过去跟大家经常讲过  
  
1550  
01:07:49,830 --> 01:07:51,630  
我们昆仑一脉  
  
1551  
01:07:51,950 --> 01:07:55,300  
这个这个天元经方称之为叫什么  
  
1552  
01:07:55,500 --> 01:07:56,300  
叫天元经方  
  
1553  
01:07:56,300 --> 01:07:59,580  
实际上就是所谓呃伤寒金匮之显学，对吧  
  
1554  
01:07:59,900 --> 01:08:00,100  
哎  
  
1555  
01:08:00,460 --> 01:08:04,750  
那么有一个说法就认为这个天元法  
  
1556  
01:08:05,150 --> 01:08:07,270  
它的立交点在于什么  
  
1557  
01:08:07,590 --> 01:08:09,520  
在于仿生  
  
1558  
01:08:10,040 --> 01:08:13,760  
仿生就是所有东西它都是模仿天地自然大道的运行啊  
  
1559  
01:08:14,160 --> 01:08:17,540  
来去认知人体，去治疗人体之偏啊  
  
1560  
01:08:17,700 --> 01:08:19,460  
就就就这个一个东西  
  
1561  
01:08:21,020 --> 01:08:21,380  
呃  
  
1562  
01:08:26,580 --> 01:08:29,300  
孔子的孙子啊  
  
1563  
01:08:31,100 --> 01:08:35,630  
讲过一句话，叫城外无物城  
  
1564  
01:08:35,870 --> 01:08:39,990  
这个城是什么城也是中间这个钟明白了吧  
  
1565  
01:08:40,350 --> 01:08:42,430  
你没有这个白朱培这个土  
  
1566  
01:08:42,470 --> 01:08:43,189  
没有这个钟  
  
1567  
01:08:44,600 --> 01:08:46,590  
那就啥都没有，诶  
  
1568  
01:08:46,590 --> 01:08:47,950  
你外头用的东西再多  
  
1569  
01:08:48,470 --> 01:08:50,270  
你就是调动心火，调动肾水  
  
1570  
01:08:50,310 --> 01:08:53,229  
最后回头一看，黄粱一梦  
  
1571  
01:08:53,310 --> 01:08:55,859  
哈哈，竹篮打水一场空啊  
  
1572  
01:08:55,979 --> 01:08:57,660  
城外无一家呀  
  
1573  
01:08:57,740 --> 01:08:59,340  
为人数，同学们一家  
  
1574  
01:08:59,340 --> 01:08:59,899  
为人数  
  
1575  
01:08:59,939 --> 01:09:01,020  
为利他之数  
  
1576  
01:09:02,620 --> 01:09:05,020  
学医之人要有精诚之心  
  
1577  
01:09:05,540 --> 01:09:08,020  
这样的话你才能够尽道  
  
1578  
01:09:08,060 --> 01:09:11,130  
而贵德医术呢，才能日进  
  
1579  
01:09:11,649 --> 01:09:14,930  
所以这张方你让我描述它能治什么  
  
1580  
01:09:15,130 --> 01:09:16,250  
我描述不出来  
  
1581  
01:09:16,689 --> 01:09:19,660  
我认为这张方你用好了啥都能治  
  
1582  
01:09:19,700 --> 01:09:21,660  
我告诉你啥都能治啊  
  
1583  
01:09:22,460 --> 01:09:23,460  
呃，有很多同学  
  
1584  
01:09:23,460 --> 01:09:25,700  
可能我说到这儿，他可能会有点不满意  
  
1585  
01:09:25,700 --> 01:09:27,180  
说老师，那你倒告诉我一个呀  
  
1586  
01:09:28,220 --> 01:09:29,380  
哎呀，说句实话  
  
1587  
01:09:30,750 --> 01:09:32,630  
你不满意就不满意吧  
  
1588  
01:09:33,189 --> 01:09:37,189  
我只能给一部分同学讲，我这个车呀  
  
1589  
01:09:38,250 --> 01:09:40,250  
渡不了所有人啊  
  
1590  
01:09:40,330 --> 01:09:41,609  
所以有的时候我讲课呢  
  
1591  
01:09:42,210 --> 01:09:44,050  
呃，会有很多留言啊  
  
1592  
01:09:44,130 --> 01:09:45,729  
这个也颇有微词是吧  
  
1593  
01:09:45,729 --> 01:09:47,250  
那有夸的也有骂的  
  
1594  
01:09:47,960 --> 01:09:50,399  
我是平淡失之，我回都不回  
  
1595  
01:09:50,479 --> 01:09:52,899  
为什么，我知道我在干啥  
  
1596  
01:09:53,580 --> 01:09:55,020  
我也知道我要做什么  
  
1597  
01:09:55,460 --> 01:09:58,180  
我也知道我要怎么去帮助别人  
  
1598  
01:09:58,460 --> 01:10:02,420  
但是你不可能有30年，40年甚至50年  
  
1599  
01:10:02,900 --> 01:10:07,450  
你父母都没给你解决的矛盾都没点拨你带出来的困局  
  
1600  
01:10:07,810 --> 01:10:11,170  
我一堂金龟课就能改变你的宿命  
  
1601  
01:10:11,730 --> 01:10:14,050  
甚至改变你一个家庭几代人的命运  
  
1602  
01:10:14,560 --> 01:10:16,200  
我做不到啊，啊  
  
1603  
01:10:16,240 --> 01:10:19,200  
因此这个东西呢，大家也要理解啊  
  
1604  
01:10:19,200 --> 01:10:23,830  
就对于很多呃在我课堂上有些留言他也会攻击啊，或者谩骂  
  
1605  
01:10:24,110 --> 01:10:26,750  
你们都要平和，但是不要起对待  
  
1606  
01:10:27,110 --> 01:10:28,510  
你要理解每个人  
  
1607  
01:10:29,520 --> 01:10:31,720  
他的人生的路径不一样  
  
1608  
01:10:32,200 --> 01:10:33,840  
你可能到了半山腰  
  
1609  
01:10:34,360 --> 01:10:36,080  
他可能还没准备爬山呢  
  
1610  
01:10:36,480 --> 01:10:39,320  
那你非要去跟他较劲，就没必要了吧  
  
1611  
01:10:39,320 --> 01:10:39,640  
对吧  
  
1612  
01:10:39,840 --> 01:10:40,040  
哎  
  
1613  
01:10:40,040 --> 01:10:41,600  
讲这个道理啊，呃  
  
1614  
01:10:41,800 --> 01:10:46,740  
做学问的人心态的平和不是你强行的去让自己啊  
  
1615  
01:10:46,740 --> 01:10:48,780  
我必须平和，然后有一人骂你  
  
1616  
01:10:48,780 --> 01:10:49,340  
然后哎  
  
1617  
01:10:49,340 --> 01:10:50,500  
这孙子骂我，我忍了  
  
1618  
01:10:50,620 --> 01:10:51,140  
对吧  
  
1619  
01:10:51,340 --> 01:10:53,260  
回头扔你一板砖，我又忍了  
  
1620  
01:10:53,430 --> 01:10:54,790  
不是那个概念啊  
  
1621  
01:10:55,550 --> 01:10:58,630  
素养是靠你的格局，什么叫格局  
  
1622  
01:10:58,630 --> 01:11:00,470  
我跟你们讲，同学们什么叫格局  
  
1623  
01:11:01,230 --> 01:11:03,830  
格局只有一个我的理解啊  
  
1624  
01:11:04,150 --> 01:11:07,030  
格局就是无，我明白了吗  
  
1625  
01:11:09,190 --> 01:11:10,950  
什么时候了，你无我了  
  
1626  
01:11:12,850 --> 01:11:14,050  
你就有格局了  
  
1627  
01:11:14,530 --> 01:11:16,170  
什么时候你无我了  
  
1628  
01:11:16,210 --> 01:11:18,490  
有了格局了，你才能做事了  
  
1629  
01:11:18,810 --> 01:11:22,630  
因此古人啊，当年曾经就说过这句话  
  
1630  
01:11:23,270 --> 01:11:25,830  
能悟之者，可传圣道  
  
1631  
01:11:26,940 --> 01:11:27,660  
明白了吗  
  
1632  
01:11:28,700 --> 01:11:28,900  
哎  
  
1633  
01:11:29,500 --> 01:11:31,780  
虽名得道，实无所得是不是啊  
  
1634  
01:11:32,420 --> 01:11:34,980  
好像是告诉你这个，呃  
  
1635  
01:11:35,100 --> 01:11:36,860  
学着东西了，其实啥也没有  
  
1636  
01:11:38,500 --> 01:11:41,340  
对于悟道来说  
  
1637  
01:11:42,540 --> 01:11:45,660  
当你真明白的时候，悟道都是多余  
  
1638  
01:11:48,280 --> 01:11:50,400  
很多人不适应说，那就这个  
  
1639  
01:11:50,400 --> 01:11:50,880  
就这个  
  
1640  
01:11:51,880 --> 01:11:52,960  
你能守住吗  
  
1641  
01:11:53,800 --> 01:11:57,000  
你见到外头东西你心不动吗  
  
1642  
01:11:58,320 --> 01:11:59,680  
非常简单的一个道理  
  
1643  
01:11:59,800 --> 01:12:03,080  
当年庄子讲混混沌知道吧  
  
1644  
01:12:03,600 --> 01:12:05,480  
有俩朋友，有俩朋友  
  
1645  
01:12:05,480 --> 01:12:07,440  
有俩损友，说这混沌太可怜了  
  
1646  
01:12:07,440 --> 01:12:09,720  
他这呃，天天跟他在一块玩  
  
1647  
01:12:09,720 --> 01:12:11,600  
说这个咱哪天给他开七窍吧  
  
1648  
01:12:12,050 --> 01:12:12,250  
哎  
  
1649  
01:12:12,370 --> 01:12:14,890  
凿开七窍，每天凿一个七窍  
  
1650  
01:12:14,890 --> 01:12:17,610  
打开混沌死意啊  
  
1651  
01:12:17,730 --> 01:12:18,490  
混沌死意  
  
1652  
01:12:19,430 --> 01:12:21,470  
聊远了好，接着回来吧  
  
1653  
01:12:22,190 --> 01:12:23,510  
但是中国的文化啊  
  
1654  
01:12:23,590 --> 01:12:25,510  
它这个东西，不远意啊  
  
1655  
01:12:26,070 --> 01:12:27,270  
都都是这个东西啊  
  
1656  
01:12:29,940 --> 01:12:31,700  
中国的文化，无论是学术  
  
1657  
01:12:31,700 --> 01:12:33,100  
最后还是回到人身上  
  
1658  
01:12:33,460 --> 01:12:34,700  
我不相信一个人啊  
  
1659  
01:12:34,900 --> 01:12:35,980  
他没有利他之心  
  
1660  
01:12:36,020 --> 01:12:36,780  
他没有德  
  
1661  
01:12:37,090 --> 01:12:40,410  
最后他说他医术造诣特别高啊  
  
1662  
01:12:40,450 --> 01:12:42,090  
然后最后救人无数  
  
1663  
01:12:42,090 --> 01:12:43,410  
这个嗯  
  
1664  
01:12:44,340 --> 01:12:45,940  
太太太太拧巴了  
  
1665  
01:12:45,940 --> 01:12:48,460  
这个好，我们接着往后看啊  
  
1666  
01:12:49,220 --> 01:12:49,420  
呃  
  
1667  
01:12:49,500 --> 01:12:50,580  
那么说，他这块呢  
  
1668  
01:12:50,580 --> 01:12:51,500  
有一个加减啊  
  
1669  
01:12:51,500 --> 01:12:52,740  
这个加减非常有意思  
  
1670  
01:12:53,990 --> 01:12:54,790  
首先说  
  
1671  
01:12:55,990 --> 01:13:00,270  
苦痛加芍药，这个我们其实可以理解为腹痛啊  
  
1672  
01:13:00,270 --> 01:13:01,470  
腹痛加芍药，这个不难  
  
1673  
01:13:02,510 --> 01:13:02,790  
呃  
  
1674  
01:13:04,630 --> 01:13:07,750  
心下毒痛，背背就严重了啊  
  
1675  
01:13:07,750 --> 01:13:08,710  
严重了怎么样呢  
  
1676  
01:13:09,940 --> 01:13:12,860  
加穿胸，穿胸以通行啊  
  
1677  
01:13:12,860 --> 01:13:13,580  
以通行  
  
1678  
01:13:16,180 --> 01:13:18,770  
心烦兔痛不能食饮  
  
1679  
01:13:18,770 --> 01:13:20,610  
这个加细心加细心吧  
  
1680  
01:13:21,250 --> 01:13:24,290  
细心形细而胃心热，对吧  
  
1681  
01:13:24,290 --> 01:13:29,220  
为心性热而力强，能打通这个上下肢关节啊  
  
1682  
01:13:29,260 --> 01:13:30,500  
打通上下关之关节  
  
1683  
01:13:30,900 --> 01:13:34,280  
其实我认为就是在川胸那个加强版知道吗  
  
1684  
01:13:34,360 --> 01:13:35,360  
川胸加强版啊  
  
1685  
01:13:36,720 --> 01:13:40,520  
加半夏大者20枚以降逆啊，服之后怎么办  
  
1686  
01:13:40,560 --> 01:13:41,680  
用酸浆水扶植  
  
1687  
01:13:41,680 --> 01:13:41,880  
哎  
  
1688  
01:13:41,880 --> 01:13:42,920  
酸浆水有争议啊  
  
1689  
01:13:43,460 --> 01:13:45,500  
后世一家有好几派啊  
  
1690  
01:13:45,500 --> 01:13:49,740  
有人认为是那个那个淘米淘米水呕酸了  
  
1691  
01:13:50,340 --> 01:13:50,580  
呃  
  
1692  
01:13:50,740 --> 01:13:54,900  
也有人认为那是河南当地的一种东西，叫酸浆这个吧  
  
1693  
01:13:54,900 --> 01:13:56,910  
其实我个人认为啊，呃  
  
1694  
01:13:57,070 --> 01:13:58,750  
大同小异是啥不重要  
  
1695  
01:13:58,750 --> 01:13:59,430  
重要的是啥  
  
1696  
01:13:59,590 --> 01:14:00,750  
发酵物知道吗  
  
1697  
01:14:01,630 --> 01:14:04,570  
就类似于类似于啊，呃  
  
1698  
01:14:04,570 --> 01:14:06,690  
因为我现在所在的时代呢  
  
1699  
01:14:06,730 --> 01:14:09,170  
是公元的2023年是吧  
  
1700  
01:14:09,250 --> 01:14:10,930  
在这个时代呃  
  
1701  
01:14:11,490 --> 01:14:12,770  
以后的人可能不理解  
  
1702  
01:14:12,770 --> 01:14:14,690  
我现在说了一个名词叫酵素  
  
1703  
01:14:15,430 --> 01:14:16,590  
未来的学者说啊  
  
1704  
01:14:16,590 --> 01:14:18,310  
当年张驰说这个酵素是啥  
  
1705  
01:14:18,710 --> 01:14:22,590  
你们看看当代的这个广告你就明白了啊，叫酵素  
  
1706  
01:14:23,070 --> 01:14:23,350  
呃  
  
1707  
01:14:24,360 --> 01:14:24,720  
甭乐  
  
1708  
01:14:25,120 --> 01:14:27,000  
可能过100年就没有人知道了  
  
1709  
01:14:27,760 --> 01:14:32,020  
但是我告诉你，过100年金匮要略大家还要学的哈  
  
1710  
01:14:32,300 --> 01:14:33,620  
这话我就放在这啊  
  
1711  
01:14:33,860 --> 01:14:35,940  
100年之后金匮要略还要学的  
  
1712  
01:14:36,300 --> 01:14:37,820  
所以同学们，做一个医生  
  
1713  
01:14:38,180 --> 01:14:39,540  
做一个学者，很幸福  
  
1714  
01:14:40,870 --> 01:14:41,350  
知道吗  
  
1715  
01:14:41,830 --> 01:14:42,630  
做一个医生  
  
1716  
01:14:42,830 --> 01:14:45,550  
做一个学者，很幸福啊  
  
1717  
01:14:46,680 --> 01:14:49,600  
学问之道，人有三不朽啊  
  
1718  
01:14:50,320 --> 01:14:50,800  
立言  
  
1719  
01:14:51,790 --> 01:14:53,950  
立功立德啊  
  
1720  
01:14:54,310 --> 01:14:54,910  
三不朽  
  
1721  
01:14:55,470 --> 01:14:59,130  
那么这个酵素这个东西，这个名啊  
  
1722  
01:14:59,210 --> 01:15:00,610  
有可能100年之后就没  
  
1723  
01:15:00,850 --> 01:15:03,210  
但是你要明白啥叫酵素发酵物  
  
1724  
01:15:03,330 --> 01:15:05,850  
当代的人20年前还没有呢  
  
1725  
01:15:06,380 --> 01:15:08,140  
流行就喝这玩意，喝这玩意儿怎么办  
  
1726  
01:15:08,140 --> 01:15:11,220  
他能能排便，是不是上厕所痛快啊  
  
1727  
01:15:11,420 --> 01:15:16,200  
加强胃肠蠕动，实际上自古以来很多人都在研究类似的事  
  
1728  
01:15:16,200 --> 01:15:18,120  
比如说老北京，北京有豆汁吧  
  
1729  
01:15:18,640 --> 01:15:22,590  
差不多绿豆绿豆汤藕酸了一回事  
  
1730  
01:15:23,070 --> 01:15:25,630  
酸我们说这个金匮真言  
  
1731  
01:15:25,950 --> 01:15:28,470  
原话，东方青色入通于肝  
  
1732  
01:15:28,870 --> 01:15:31,410  
其味为什么为酸，酸气  
  
1733  
01:15:31,730 --> 01:15:33,810  
酸为肝木之气  
  
1734  
01:15:34,010 --> 01:15:35,850  
肝木则能疏土啊  
  
1735  
01:15:36,310 --> 01:15:38,150  
所以酸姜水干什么啊  
  
1736  
01:15:38,550 --> 01:15:42,190  
有人认为说这个醋味呢，能透发出阳之气  
  
1737  
01:15:42,190 --> 01:15:43,110  
出阳为阴阳嘛  
  
1738  
01:15:43,110 --> 01:15:43,470  
对吧  
  
1739  
01:15:44,110 --> 01:15:46,390  
当然还有一个我认为啊，是啥  
  
1740  
01:15:47,110 --> 01:15:49,270  
无非三个字，行骨气  
  
1741  
01:15:56,460 --> 01:15:59,660  
鼓就是水谷行水谷之气对吧  
  
1742  
01:16:01,480 --> 01:16:02,840  
让他胃里头怎么办  
  
1743  
01:16:02,880 --> 01:16:04,440  
动弹动弹啊  
  
1744  
01:16:04,480 --> 01:16:07,000  
让胃里动弹动弹行水谷之气啊  
  
1745  
01:16:08,630 --> 01:16:12,070  
告诉你入藕加酸浆水复制，为啥呀  
  
1746  
01:16:12,070 --> 01:16:17,000  
因为你想想白猪又是白猪又是那个那个  
  
1747  
01:16:17,480 --> 01:16:18,960  
说白了，呃  
  
1748  
01:16:20,350 --> 01:16:21,670  
鼠叫又是牡蛎的  
  
1749  
01:16:22,390 --> 01:16:25,470  
是不是他们仨现在相见了啊  
  
1750  
01:16:25,470 --> 01:16:28,150  
在这个脾胃这块啊  
  
1751  
01:16:28,230 --> 01:16:31,170  
脾胃这块中公  
  
1752  
01:16:33,100 --> 01:16:36,620  
那么在这之后，在这之后  
  
1753  
01:16:39,100 --> 01:16:40,580  
他堵啊堵怎么办  
  
1754  
01:16:40,580 --> 01:16:41,500  
你喝点酸的  
  
1755  
01:16:42,540 --> 01:16:46,450  
肝气动弹动弹叔叔脾土吧  
  
1756  
01:16:46,890 --> 01:16:50,250  
就像春天一到春天之后啊  
  
1757  
01:16:50,290 --> 01:16:53,280  
这个农民们驾驶着这个  
  
1758  
01:16:54,120 --> 01:16:56,560  
以前是用锄头，现在是机器吧  
  
1759  
01:16:57,480 --> 01:16:58,520  
到地里翻地  
  
1760  
01:16:59,450 --> 01:17:00,210  
木能克土  
  
1761  
01:17:00,210 --> 01:17:01,610  
但是木也能疏土啊  
  
1762  
01:17:01,610 --> 01:17:02,370  
同学们啊  
  
1763  
01:17:04,210 --> 01:17:07,550  
好，那说了不解不解咋办  
  
1764  
01:17:07,590 --> 01:17:09,110  
小麦质腐植啊  
  
1765  
01:17:10,510 --> 01:17:10,750  
啊  
  
1766  
01:17:10,830 --> 01:17:14,080  
那么那么还是那个金匮真言  
  
1767  
01:17:14,160 --> 01:17:15,680  
那那他不光说其味为酸  
  
1768  
01:17:15,760 --> 01:17:18,080  
他还说了其谷为麦对不对  
  
1769  
01:17:18,360 --> 01:17:18,560  
哎  
  
1770  
01:17:18,560 --> 01:17:19,360  
所以说小麦呢  
  
1771  
01:17:19,360 --> 01:17:19,960  
再加上  
  
1772  
01:17:20,550 --> 01:17:23,150  
但是服完之后渴了，渴了咋办  
  
1773  
01:17:24,210 --> 01:17:28,050  
大麦粥扶植我们有一张房叫甘麦大枣汤，还记得吧  
  
1774  
01:17:28,490 --> 01:17:28,930  
哎呀  
  
1775  
01:17:29,610 --> 01:17:32,370  
这是我们后续也要给大家再聊的啊  
  
1776  
01:17:32,690 --> 01:17:34,250  
那止止渴啊  
  
1777  
01:17:35,480 --> 01:17:38,120  
有关这个就自不赘述了，接着往下看  
  
1778  
01:17:39,080 --> 01:17:41,200  
呃，妇人怀胎  
  
1779  
01:17:48,800 --> 01:17:53,130  
伤身腹满不得小便，从药以下重  
  
1780  
01:17:53,770 --> 01:17:55,810  
如有水状这块呢  
  
1781  
01:17:55,810 --> 01:17:59,650  
是讲的这个怀胎之后出现了腹满小便不利的症状  
  
1782  
01:18:00,850 --> 01:18:03,970  
呃，怀神7月太阴当养不养了  
  
1783  
01:18:04,610 --> 01:18:06,730  
千金之中就有这个说法  
  
1784  
01:18:06,730 --> 01:18:08,170  
就是几月的时候当阳  
  
1785  
01:18:08,170 --> 01:18:10,330  
那其中7月就是当阳  
  
1786  
01:18:10,330 --> 01:18:11,410  
太阴，呃  
  
1787  
01:18:11,530 --> 01:18:12,490  
此辛气实  
  
1788  
01:18:12,530 --> 01:18:14,210  
那么太阴为湿土嘛，对不对  
  
1789  
01:18:14,690 --> 01:18:17,450  
太阴，太阴不阳的话则容易水气泛溢  
  
1790  
01:18:18,420 --> 01:18:19,500  
呃，此心气迟  
  
1791  
01:18:19,580 --> 01:18:21,140  
所以泄心气该怎么办  
  
1792  
01:18:21,380 --> 01:18:22,940  
刺劳宫呃  
  
1793  
01:18:23,500 --> 01:18:28,500  
以泻心剂刺这个为啥劳工为心包经吗  
  
1794  
01:18:29,400 --> 01:18:31,480  
呃，心不授学心包代之啊  
  
1795  
01:18:32,800 --> 01:18:34,820  
谢劳工，急什么呢  
  
1796  
01:18:34,900 --> 01:18:38,580  
急以官员，官员其实肾经吧  
  
1797  
01:18:38,580 --> 01:18:39,420  
跟他也交通  
  
1798  
01:18:39,900 --> 01:18:41,500  
但是我个人还有一个观点  
  
1799  
01:18:41,500 --> 01:18:42,380  
我我总觉得吧  
  
1800  
01:18:42,780 --> 01:18:44,460  
官员这个位置，他通人脉  
  
1801  
01:18:45,640 --> 01:18:46,600  
通人脉之后呢  
  
1802  
01:18:46,600 --> 01:18:48,400  
那么人脉总任诸阴  
  
1803  
01:18:48,760 --> 01:18:51,850  
与此同时，官员还能调动一身之元气  
  
1804  
01:18:52,130 --> 01:18:52,810  
我认为是这样  
  
1805  
01:18:52,810 --> 01:18:54,170  
他不只是通肾经的事  
  
1806  
01:18:54,210 --> 01:18:55,890  
那你通肾经，你扎胎息不行吗  
  
1807  
01:18:55,890 --> 01:18:56,650  
咱就说这事啊  
  
1808  
01:18:57,090 --> 01:18:57,410  
哎  
  
1809  
01:18:58,050 --> 01:18:58,730  
那么在这呢  
  
1810  
01:18:58,850 --> 01:19:00,690  
但是大家就是要注意一个事  
  
1811  
01:19:01,210 --> 01:19:02,930  
赐这个绝对是有技巧  
  
1812  
01:19:03,490 --> 01:19:05,890  
尤其次官员，不是那个次官员知道吗  
  
1813  
01:19:06,290 --> 01:19:08,940  
因为怀孕，哎  
  
1814  
01:19:08,940 --> 01:19:12,820  
所以这块你肯定是有非常强的那个针刺的技巧的  
  
1815  
01:19:12,820 --> 01:19:14,340  
你一定要避开啊  
  
1816  
01:19:14,340 --> 01:19:18,410  
你千万别因为这个造成医源性损伤  
  
1817  
01:19:18,530 --> 01:19:19,730  
那就犯不上啊  
  
1818  
01:19:19,930 --> 01:19:20,650  
犯不上了  
  
1819  
01:19:21,970 --> 01:19:23,010  
小便为利则愈  
  
1820  
01:19:23,730 --> 01:19:24,290  
呃好  
  
1821  
01:19:24,290 --> 01:19:25,330  
那么今天的课呢  
  
1822  
01:19:25,370 --> 01:19:26,930  
咱们就先到这啊  
  
1823  
01:19:26,930 --> 01:19:28,370  
下次课我们讲妇人  
  
1824  
01:19:28,410 --> 01:19:30,210  
产后好下课吧，同学们